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Federazione Italiana PowerLifting - fondata nel 1983

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Ranking 2011 Femminile Stacco Cat 3 Lift

Po	Atleta	Peso	Catetà	Stacco	Record	Wilks	Gara	Luogo	Data	Società
-47										
1	Peti Barbara	46,9	Senior	125,0	N S	168,3750	W. E. C.	Cuijk	16\17\09\2011	Lazio Powerlifting
2	Scaccabarozzi Marta	45,7	Senior	115,0		157,7800	Assoluti	San Zenone	15\17\04\2011	Forma Club Monza
3	Flamano Barbara	46,6	Senior	100,0		135,3200	Bertoletti	San Zenone	17\18\06\2011	Barbarian's Parma
-52										
1	Stucchi Manuela	50,4	Master 1	170,0	E M1 N S M1	217,0730	Europei Master	Pilsen	05\10\07\2011	Forma Club Monza
2	Salemme Maria Pia	50,2	Senior	150,0		192,1200	Assoluti	San Zenone	15\17\04\2011	Roma Natural Power
3	Monaco Roberta	51,0	Senior	147,5		186,6465	Assoluti	San Zenone	15\17\04\2011	Se. At. Pe. Roma
4	Corsi Bruna	50,7	Master 1	122,5		155,7098	Coppa Italia	Terni	21\22\23\10\2011	Semiramide Team Olbia
5	Trippa Francesca	49,4	Senior	105,0		136,1220	Coppa Italia	Terni	21\22\23\10\2011	Power Club Terni
-57										
1	Locatelli Laura	57,0	Master 2	190,0	N S M1\2	220,4760	Mondiali Open	Pilsen	08\13\11\2011	Glasspo Milano
2	Rodina Alessia	53,2	Senior	160,0		195,9680	Assoluti	San Zenone	15\17\04\2011	Forma Club Monza
3	Troilo Tiziana	56,8	Senior	142,5		165,8130	W. E. C.	Cuijk	16\17\09\2011	Roma Natural Power
4	Masci Manuela	55,9	Senior	130,0		153,1790	Coppa Italia	Terni	21\22\23\10\2011	Lazio Powerlifting
5	Trotti Morena	56,4	Master 1	130,0		152,1130	Assoluti	San Zenone	15\17\04\2011	Power Club Terni
6	Verolino Cristina	54,9	Senior	120,0		143,4000	Coppa Italia	Terni	21\22\23\10\2011	Roma Natural Power
7	Gregori Elisa	53,0	Senior	80,0		98,2720	Bertoletti	San Zenone	17\18\06\2011	Barbarian's Parma
-63										
1	Orsini Antonietta	62,4	Master 1	200,0	N S M1	216,3600	Assoluti	San Zenone	15\17\04\2011	Lazio Powerlifting
2	Ricci Laura	58,8	Senior	130,0		147,2250	Coppa Italia	Terni	21\22\23\10\2011	Toplifters Milano
3	Pineda Whelma	61,2	Junior	125,0		137,2500	Assoluti	San Zenone	15\17\04\2011	Forma Club Monza
4	Burchi Chiara	61,1	Senior	125,0		137,4250	Assoluti	San Zenone	15\17\04\2011	Lazio Powerlifting
5	Tomaselli Tania	58,4	Junior	115,0		130,9390	Assoluti	San Zenone	15\17\04\2011	Roma Natural Power
6	Perego Nicoletta	61,1	Master 1	55,0		60,4670	Assoluti	San Zenone	15\17\04\2011	Forma Club Monza
-72										
1	Galimberti Barbara	63,5	Master 1	155,0	N S M1	165,4780	Assoluti	San Zenone	15\17\04\2011	Forma Club Monza
2	Sanitante Donatella	67,8	Master 2	87,5		89,0225	Assoluti	San Zenone	15\17\04\2011	Roma Natural Power
-84										
1	Del Duca Sara	72,9	Master 2	182,5	N S M1\2	176,6783	Assoluti	San Zenone	15\17\04\2011	Se. At. Pe. Roma



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Po	Atleta	Peso	Cat	Stacco	Wilks	Record	Gara	Luogo	Data	Società
Junior										
1	Pineda Whelma	61,2	-63	125,0	137,2500		Assoluti	San Zenone	15\17\04\201	Forma Club Monza
2	Tomaselli Tania	58,4	-63	115,0	130,9390		Assoluti	San Zenone	15\17\04\201	Roma Natural Power
Master 1										
2	Stucchi Manuela	50,4	-52	170,0	217,0730	E M1 N S M1	Europei Master	Pilsen	05\10\07\201	Forma Club Monza
1	Orsini Antonietta	62,4	-63	200,0	216,3600	N S M1	Assoluti	San Zenone	15\17\04\201	Lazio Powerlifting
3	Galimberti Barbara	63,5	-72	155,0	165,4780	N S M1	Assoluti	San Zenone	15\17\04\201	Forma Club Monza
4	Corsi Bruna	50,7	-52	122,5	155,7098		Coppa Italia	Terni	21\22\23\10\	Semiramide Team Olbia
5	Trotti Morena	56,4	-57	130,0	152,1130		Assoluti	San Zenone	15\17\04\201	Power Club Terni
6	Perego Nicoletta	61,1	-63	55,0	60,4670		Assoluti	San Zenone	15\17\04\201	Forma Club Monza
Master 2										
1	Locatelli Laura	57,0	-57	190,0	220,4760	N S M1\2	Mondiali Open	Pilsen	08\13\11\201	Glasspo Milano
2	Del Duca Sara	72,9	-84	182,5	176,6783	N S M1\2	Assoluti	San Zenone	15\17\04\201	Se. At. Pe. Roma
3	Sanitante Donatella	67,8	-72	87,5	89,0225		Assoluti	San Zenone	15\17\04\201	Roma Natural Power
Senior										
1	Rodina Alessia	53,2	-57	160,0	195,9680		Assoluti	San Zenone	15\17\04\201	Forma Club Monza
2	Salemme Maria Pia	50,2	-52	150,0	192,1200		Assoluti	San Zenone	15\17\04\201	Roma Natural Power
3	Monaco Roberta	51,0	-52	147,5	186,6465		Assoluti	San Zenone	15\17\04\201	Se. At. Pe. Roma
4	Peti Barbara	46,9	-47	125,0	168,3750	N S	W. E. C.	Cuijk	16\17\09\201	Lazio Powerlifting
5	Troilo Tiziana	56,8	-57	142,5	165,8130		W. E. C.	Cuijk	16\17\09\201	Roma Natural Power
6	Scaccabarozzi Marta	45,7	-47	115,0	157,7800		Assoluti	San Zenone	15\17\04\201	Forma Club Monza
7	Masci Manuela	55,9	-57	130,0	153,1790		Coppa Italia	Terni	21\22\23\10\	Lazio Powerlifting
8	Ricci Laura	58,8	-63	130,0	147,2250		Coppa Italia	Terni	21\22\23\10\	Toplifters Milano
9	Verolino Cristina	54,9	-57	120,0	143,4000		Coppa Italia	Terni	21\22\23\10\	Roma Natural Power
10	Burchi Chiara	61,1	-63	125,0	137,4250		Assoluti	San Zenone	15\17\04\201	Lazio Powerlifting
11	Trippa Francesca	49,4	-52	105,0	136,1220		Coppa Italia	Terni	21\22\23\10\	Power Club Terni
12	Flamano Barbara	46,6	-47	100,0	135,3200		Bertoletti	San Zenone	17\18\06\201	Barbarian's Parma
13	Gregori Elisa	53,0	-57	80,0	98,2720		Bertoletti	San Zenone	17\18\06\201	Barbarian's Parma



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1	Locatelli Laura	57,0	-57	Master 2	190,0	220,4760	N S M1\2	Mondiali Open	Pilsen	08\13\11\201	Glasspo Milano
2	Stucchi Manuela	50,4	-52	Master 1	170,0	217,0730	E M1 N S M1	Europei Master	Pilsen	05\10\07\201	Forma Club Monza
3	Orsini Antonietta	62,4	-63	Master 1	200,0	216,3600	N S M1	Assoluti	San Zenone	15\17\04\201	Lazio Powerlifting
4	Rodina Alessia	53,2	-57	Senior	160,0	195,9680		Assoluti	San Zenone	15\17\04\201	Forma Club Monza
5	Salemme Maria Pia	50,2	-52	Senior	150,0	192,1200		Assoluti	San Zenone	15\17\04\201	Roma Natural Power
6	Monaco Roberta	51,0	-52	Senior	147,5	186,6465		Assoluti	San Zenone	15\17\04\201	Se. At. Pe. Roma
7	Del Duca Sara	72,9	-84	Master 2	182,5	176,6783	N S M1\2	Assoluti	San Zenone	15\17\04\201	Se. At. Pe. Roma
8	Peti Barbara	46,9	-47	Senior	125,0	168,3750	N S	W. E. C.	Cuijk	16\17\09\201	Lazio Powerlifting
9	Troilo Tiziana	56,8	-57	Senior	142,5	165,8130		W. E. C.	Cuijk	16\17\09\201	Roma Natural Power
10	Galimberti Barbara	63,5	-72	Master 1	155,0	165,4780	N S M1	Assoluti	San Zenone	15\17\04\201	Forma Club Monza
11	Scaccabarozzi Marta	45,7	-47	Senior	115,0	157,7800		Assoluti	San Zenone	15\17\04\201	Forma Club Monza
12	Corsi Bruna	50,7	-52	Master 1	122,5	155,7098		Coppa Italia	Terni	21\22\23\10\	Semiramide Team Olbia
13	Masci Manuela	55,9	-57	Senior	130,0	153,1790		Coppa Italia	Terni	21\22\23\10\	Lazio Powerlifting
14	Trotti Morena	56,4	-57	Master 1	130,0	152,1130		Assoluti	San Zenone	15\17\04\201	Power Club Terni
15	Ricci Laura	58,8	-63	Senior	130,0	147,2250		Coppa Italia	Terni	21\22\23\10\	Toplifters Milano
16	Verolino Cristina	54,9	-57	Senior	120,0	143,4000		Coppa Italia	Terni	21\22\23\10\	Roma Natural Power
17	Burchi Chiara	61,1	-63	Senior	125,0	137,4250		Assoluti	San Zenone	15\17\04\201	Lazio Powerlifting
18	Pineda Whelma	61,2	-63	Junior	125,0	137,2500		Assoluti	San Zenone	15\17\04\201	Forma Club Monza
19	Trippa Francesca	49,4	-52	Senior	105,0	136,1220		Coppa Italia	Terni	21\22\23\10\	Power Club Terni
20	Flamano Barbara	46,6	-47	Senior	100,0	135,3200		Bertoletti	San Zenone	17\18\06\201	Barbarian's Parma
21	Tomaselli Tania	58,4	-63	Junior	115,0	130,9390		Assoluti	San Zenone	15\17\04\201	Roma Natural Power
22	Gregori Elisa	53,0	-57	Senior	80,0	98,2720		Bertoletti	San Zenone	17\18\06\201	Barbarian's Parma
23	Sanitante Donatella	67,8	-72	Master 2	87,5	89,0225		Assoluti	San Zenone	15\17\04\201	Roma Natural Power
24	Perego Nicoletta	61,1	-63	Master 1	55,0	60,4670		Assoluti	San Zenone	15\17\04\201	Forma Club Monza