



Gara: 11° Coppa Italia Di Powerlifting

Luogo: Terni

Data: 21\22\23\ottobre 2011

Pos	Società	1°	2°	3°	4°	5°	6°	7°	8°	9°	OI	Punti	Punti Wilks Tot
1	Lazio Powerlifting	2	1	1		2						53	2601,0205
2	Power Club Terni	2	1	1	1				1			51	2458,5526
3	Semiramide Olbia	1	2	2								46	2277,1690
4	Barbarian's Parma	3	1									45	1868,7993
5	Roma Natural	1	1		1	2		1				44	2249,5613
6	Toplifters Milano	1	1	1	1		1					41	2042,9473
7	Forma Club Monza	2		1				1	1			39	1979,6478
8	Se At Pe Roma		2	1				1			1	31	1997,0020
9	Nirvana Club Ancona			1	2	1						28	1506,5320
10	Body Planet Trento		1	1								17	721,3620
11	Glasspo Milano	1										12	496,5960
12	Dark Side Cuneo					1			1		2	11	1584,4528
13	Joy Powerlifting				1							7	468,5800
14	Pescara Powerlifting									1		2	421,4070
15	Functional Training										1	1	404,9870
16	Combat Livorno										1	1	354,7635
17	Asd Ancona										1	1	344,1555
18	Power Club Ponsacco										1	1	323,5595

Legenda: 1° = 12 Punti - 2° = 9 Punti - 3° = 8 Punti - 4° = 7 Punti - 5° = 6 Punti - 6° = 5 Punti - 7° = 4 Punti - 8° = 3 Punti - 9° = 2 Punti
Oltre La Nona Posizione 1 Punto

N B: La classifica viene stilata in base alla somma dei migliori 6 risultati per ogni società ripartiti : 4 uomini e 2 donne o viceversa ,3 e 3 ,se una società a solo uomini o solo donne,saranno conteggiati i migliori 4 . In caso di parità si terrà conto del maggior numero di 1° posti, se vi fosse ancora parità dei 2° posti e così via ,se persistesse ancora parità si terrebbe conto della somma dei punti wilks



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Class.finale Assoluti Maschile

Powered By Ivano Giusti

Atleta	Società	A N	P P	Sq1	Sq2	Sq3	Bsq	R	P	Pa1	Pa2	Pa3	Bpa	R	P	St1	St2	St3	Bst	R	P	Totale	R	Coef	P. W
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Sub Junior

1	Giacco Francesco	Toplifters Milano		1995	69,4	195,0	205,0	212,5	212,5	R		115,0	120,0	-125,0	120,0	R	-180,0	190,0	202,5	202,5			535,0	R	0,7544	403,6040
2	Fusco Giulio	Barbarian's Parma		1993	67,2	180,0	-190,0	190,0	190,0			95,0	-100,0	100,0	100,0		185,0	200,0	210,0	210,0	R		500,0		0,7738	386,9000
3	Fusco Andrea	Barbarian's Parma		1993	63,6	170,0	180,0	-190,0	180,0			95,0	102,5	-107,5	102,5		175,0	-190,0	190,0	190,0	R		472,5	R	0,8111	383,2448
4	Tonni P. Davide	Nirvana Club		1993	64,1	180,0	190,0	195,0	195,0	R		90,0	-95,0	-95,0	90,0		170,0	180,0	-185,0	180,0			465,0		0,8046	374,1390
5	Cimpoiesu George	Roma Natural		1994	73,9	-150,0	150,0	160,0	160,0			80,0	90,0	-95,0	90,0		195,0	-202,5	-202,5	195,0			445,0		0,72	320,4000
6	Anzalone Luca	Barbarian's Parma		1995	71,2	130,0	145,0	155,0	155,0			65,0	72,5	80,0	80,0		130,0	-150,0	150,0	150,0			385,0		0,7398	284,8230

Junior-74

1	Fusco Piero	Barbarian's Parma		1992	66,0	200,0	207,5	215,0	215,0	R		130,0	-135,0	135,0	135,0	R	210,0	225,0	-235,0	225,0	R		575,0	R	0,7852	451,4900
2	D' Arienzo Mario	Se At Pe Roma		1991	64,6	-170,0	170,0	190,0	190,0			-90,0	90,0	95,0	95,0		180,0	190,0	-200,0	190,0			475,0		0,7993	379,6675
3	Fiumanò Francesco	Se At Pe Roma		1990	71,5	165,0	-180,0	180,0	180,0			92,5	97,5	100,0	100,0		185,0	200,0	210,0	210,0			490,0		0,7375	361,3750
4	Quaglietti Maurizio	Power Club Terni		1989	65,8	140,0	-150,0	160,0	160,0			90,0	100,0	-107,5	100,0		135,0	145,0	160,0	160,0			420,0		0,7872	330,6240
5	Angelini Luigi	Nirvana Club		1990	60,2	70,0	80,0	90,0	90,0			70,0	72,5	-75,0	72,5		115,0	125,0	135,0	135,0			297,5		0,8503	252,9643

Junior+74

1	Carniel Simone	Barbarian's Parma		1990	75,5	-235,0	235,0	250,0	250,0	R		-170,0	170,0	-180,0	170,0	R	235,0	-250,0	-250,0	235,0			655,0	R	0,7093	464,5915
2	Di Martino Mattia	Lazio Powerlifting		1988	117,2	-270,0	270,0	-290,0	270,0			-190,0	190,0	-195,5	190,0		265,0	275,0	290,0	290,0	R		750,0	R	0,5782	433,6500
3	Manca Giuseppe	Semiramide Olbia		1990	81,1	-225,0	225,0	240,0	240,0			150,0	155,0	-160,0	155,0		225,0	235,0	245,0	245,0	R		640,0		0,6769	433,2160
4	Montanari Luca	Nirvana Club		1991	79,3	210,0	220,0	230,0	230,0			135,0	-142,5	142,5	142,5		215,0	230,0	-247,5	230,0			602,5		0,6865	413,6163
5	De Luca Alessio	Lazio Powerlifting		1988	80,7	225,0	232,5	240,0	240,0			125,0	130,0	135,0	135,0		200,0	212,5	225,0	225,0			600,0		0,679	407,4000
6	Matarrese Antonio	Power Club Terni		1988	74,8	195,0	210,0	-220,0	210,0			-140,0	140,0	-155,0	140,0		220,0	-230,0	-230,0	220,0			570,0		0,7139	406,9230
7	Balma Stefano	Barbarian's Parma		1988	92,7	-230,0	230,0	247,5	247,5	R		140,0	-150,0	-150,0	140,0		220,0	235,0	245,0	245,0			632,5		0,6292	397,9690
8	Zangari Fabrizio	Dark Side Cuneo		1992	88,1	200,0	210,0	-225,0	210,0			130,0	135,0	145,5	145,5	R	210,0	225,0	-240,0	225,0			580,5		0,6455	374,7128
9	Gamba Fabio	Barbarian's Parma		1988	98,5	180,0	190,0	-205,0	190,0			150,0	155,0	-160,0	155,0		215,0	230,0	-240,0	230,0			575,0		0,6123	352,0725
10	Palleri Giordano	Power Club Terni		1991	75,5	-150,0	160,0	172,5	172,5			85,0	-95,0	-95,0	85,0		180,0	190,0	200,0	200,0			457,5		0,7093	324,5048
11	Granara Giuseppe	Barbarian's Parma		1988	109,1	140,0	150,0	-160,0	150,0			-115,0	115,0	-125,0	115,0		170,0	185,0	200,0	200,0			465,0		0,59	274,3500
Fg	Badiali Claudio	Nirvana Club		1991	78,6	195,0	205,0	220,0	220,0			-115,0	-120,0	-120,0	0,0		190,0	205,0	-220,0	205,0			0,0		0,6905	0,0000
Fg	Contenta Antonio	Roma Natural		1989	82,3	215,0	-230,0	230,0	230,0			-155,0	-155,0	-155,0	0,0		210,0	-220,0	-220,0	210,0			0,0		0,6709	0,0000



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Senior - 74																											
1	Bakhirev Alexey	Semiramide Olbia		1981	73,9	240,0	260,0	265,0	265,0			195,0	-240,0	-245,0	195,0			-260,0	265,0	285,0	285,0			745,0		0,72	536,4000
2	Pisasale Salvatore	Toplifters Milano		1980	65,8	-225,0	-225,0	225,0	225,0			167,5	-175,0	-185,0	167,5			215,0	225,0	235,0	235,0			627,5		0,7872	493,9680
3	Morresi Cristiano	Nirvana Club		1979	70,5	230,0	-245,0	245,0	245,0	R		145,0	-150,0	155,0	155,0			225,0	-253,0	-253,0	225,0			625,0		0,7453	465,8125
4	Calandra Roberto	Barbarian's Parma		1981	66,8	215,0	-230,0	-250,0	215,0			-155,0	-155,0	155,0	155,0			220,0	0,0	0,0	220,0			590,0		0,7775	458,7250
5	Catoni Valerio	Roma Natural		1984	72,6	240,0	-255,0	-260,0	240,0			145,0	155,0	157,5	157,5			210,0	225,0	-240,0	225,0			622,5		0,7293	453,9893
6	Tarchi Daniele	Power Club Terni		1981	59,6	175,0	-185,0	-185,0	175,0			120,0	122,5	-125,0	122,5			205,0	210,0	212,5	212,5			510,0		0,8581	437,6310
7	Magi Riccardo	Nirvana Club		1983	65,5	-195,0	205,0	-212,5	205,0			135,0	-140,0	-140,0	135,0			185,0	200,0	205,0	205,0			545,0		0,7901	430,6045
8	Rinaldi Enea	Nirvana Club		1981	71,5	190,0	205,0	-215,0	205,0			130,0	140,0	150,0	150,0			190,0	205,0	215,0	215,0			570,0		0,7375	420,3750
9	Favero Dario	Barbarian's Parma		1985	72,7	210,0	-220,0	-220,0	210,0			-125,0	125,0	-132,5	125,0			215,0	227,5	240,0	240,0			575,0		0,7285	418,8875
10	Rosso Stefano	Se At Pe Roma		1986	53,4	155,0	170,0	-175,0	170,0			95,0	100,0	-102,5	100,0			145,0	152,5	-160,0	152,5			422,5		0,9547	403,3608
11	Spizzo Marco	Barbarian's Parma		1982	69,6	-165,0	165,0	-172,5	165,0			-115,0	115,0	120,0	120,0			160,0	170,0	-180,0	170,0			455,0		0,7527	342,4785
12	Millul Marco	Power Club		1984	72,9	140,0	152,5	162,5	162,5			100,0	107,5	-115,0	107,5			175,0	-190,0	-192,5	175,0			445,0		0,7271	323,5595
13	Livini Francesco	Nirvana Club		1987	70,8	-110,0	-115,0	115,0	115,0			95,0	-105,0	-105,0	95,0			170,0	180,0	185,0	185,0			395,0		0,743	293,4850
14	Merloni Andrea	Nirvana Club		1987	65,1	105,0	-110,0	115,0	115,0			80,0	-90,0	-90,0	80,0			110,0	120,0	130,0	130,0			325,0		0,7942	258,1150
Fg	Pantaleoni Fabio	Barbarian's Parma		1985	57,9	-170,0	-170,0	-170,0	0,0			100,0			100,0			180,0			180,0			0,0		0,8816	0,0000
Fg	Signani Nicola	Asd Ferrara		1981	64,7	170,0	175,0	180,0	180,0			-150,0	-150,0	-150,0	0,0			190,0	195,0	200,0	200,0			0,0		0,7983	0,0000

Senior - 93

1	Sanasi Simone	Roma Natural	+	1982	83,0	262,5	275,0	-282,5	275,0	R		160,0	167,5	175,0	175,0			280,0	287,5	292,5	292,5			742,5	0,6675	495,6188
2	Agus Rudy	Semiramide Olbia	+	1974	81,6	262,5	-275,0	-282,5	262,5			-137,5	137,5	-152,5	137,5			292,5	302,5	312,5	312,5	R		712,5	0,6744	480,5100
3	Silvas Alessandro	Semiramide Olbia	+	1972	89,3	-260,0	270,0	-290,5	270,0			175,0	180,0	182,5	182,5			265,0	275,0	282,5	282,5			735,0	0,641	471,1350
4	La Rocca Andrea	Joy Powerlifting	+	1985	82,6	255,0	-265,0	265,0	265,0			-155,0	162,5	170,0	170,0			255,0	265,0	-272,5	265,0			700,0	0,6694	468,5800
5	Rollo Riccardo	Barbarian's Parma	+	1986	86,2	235,0	250,0	257,5	257,5			165,0	-172,5	-175,0	165,0			260,0	275,0	-280,0	275,0			697,5	0,6532	455,6070
6	Buccioni	Power Club Terni	+	1976	76,0	220,0	235,0	-250,0	235,0			-135,0	135,0	140,0	140,0			230,0	245,0	-255,0	245,0			620,0	0,7061	437,7820
7	Di Pilla L. Damiano	Se At Pe Roma	+	1985	88,1	225,0	240,0	-250,0	240,0			135,0	140,0	-142,5	140,0			265,0	280,0	290,0	290,0			670,0	0,6455	432,4850
8	Palmisano Francisco	Forma Club Monza	+	1976	75,4	210,0	220,0	225,0	225,0			140,0	145,0	150,0	150,0			210,0	230,0	-240,0	230,0			605,0	0,7099	429,4895
9	Calista Gabriele	Pescara	+	1979	82,7	-220,0	-220,0	220,0	220,0			140,0	-150,0	-150,0	140,0			250,0	260,0	270,0	270,0			630,0	0,6689	421,4070
10	Gangarossa Gabriele	Barbarian's Parma	+	1980	83,4	230,0	240,0	245,0	245,0			-140,0	140,0	-145,0	140,0			230,0	-240,0	240,0	240,0			625,0	0,6656	416,0000
11	Fasano Mario	Functional	+	1985	82,6	205,0	-215,0	-215,0	205,0			140,0	150,0	-157,5	150,0			235,0	250,0	-260,0	250,0			605,0	0,6694	404,9870

Firma Arbitri

Capopedana:

Laterale

Laterale



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12	D' Abundo Giuseppe	Roma Natural	1975	80,5	200,0	-210,0	0,0	200,0			120,0	130,0	-140,0	130,0			230,0	240,0	250,0	250,0			580,0		0,68	394,4000
13	Lo Presti Guido	Barbarian's Parma	1985	77,8	205,0	-220,0	-220,0	205,0			-140,0	140,0	-147,5	140,0			205,0	-210,0	210,0	210,0			555,0		0,6951	385,7805
14	Lolli Fabio Massimo	Lazio Powerlifting	1984	85,3	190,0	-200,0	-200,0	190,0			160,0	170,0	180,0	180,0			190,0	205,0	212,5	212,5			582,5		0,657	382,7025
15	Baccaglini Gabriele	Barbarian's Parma	1983	87,7	240,0	255,0	270,0	270,0			60,0	0,0	0,0	60,0			240,0	255,0	-265,0	255,0			585,0		0,6471	378,5535
16	Prudenzi Emanuele	Roma Natural	1985	89,8	180,0	-240,0	-240,0	180,0			110,0	115,0	120,0	120,0			260,0	280,0	-300,5	280,0			580,0		0,6391	370,6780
17	Trotta Roberto	Dark Side Cuneo	1974	92,2	190,0	205,0	-220,0	205,0			-140,0	-140,0	140,0	140,0			190,0	-200,0	-200,0	190,0			535,0		0,6308	337,4780
18	Tozza Giuseppe	Nirvana Club	1979	84,3	170,0	185,0	-200,0	185,0			100,0	110,0	120,0	120,0			180,0	195,0	-210,0	195,0			500,0		0,6615	330,7500
19	Comisso Angelo	Toplifters Milano	1986	87,8	170,0	-180,0	-180,0	170,0			-140,0	150,0	-160,0	150,0			170,0	185,0	-195,0	185,0			505,0		0,6467	326,5835
20	Famiano Alberto	Barbarian's Parma	1986	76,9	122,5	150,0	-170,0	150,0			87,5	-105,0	-105,0	87,5			137,5	152,5	-165,0	152,5			390,0		0,7005	273,1950
Fg	Corsi Leonardo	Power Club Terni	1982	81,8	-275,0	-285,0	-285,0	0,0			180,0	0,0	0,0	180,0			0,0	0,0	0,0	0,0			0,0		0,6734	0,0000
Fg	Cetani Paolo	Barbarian's Parma	1985	79,2	-180,0	-180,0	-180,0	0,0			-100,0	-100,0	-100,0	0,0			0,0	0,0	0,0	0,0			0,0		0,6871	0,0000

Senior + 93

1	Crisafi Silvio	Power Club Terni	1980	103,3	-320,0	320,0	345,5	345,5	R		-275,0	275,0	-300,0	275,0			290,0	310,0	-325,0	310,0			930,5	R	0,6011	559,3236
2	Pelizza Francesco	Barbarian's Parma	1986	121,9	295,0	315,5	322,5	322,5	R		235,0	-250,0	250,0	250,0	R		290,0	305,0	-320,0	305,0			877,5	R	0,5729	502,7198
3	Liuzzi Piero	Toplifters Milano	1987	107,8	270,0	-285,0	285,0	285,0			190,0	200,0	205,0	205,0			270,0	285,0	290,0	290,0			780,0		0,5923	461,9940
4	Sgaramella Massimo	Power Club Terni	1977	158,4	-300,0	300,0	315,0	315,0			207,5	220,0	-230,0	220,0			275,0	285,0	300,0	300,0			835,0		0,549	458,4150
5	Bottazzi Carlo	Dark Side Cuneo	1976	105,3	260,0	275,0	-290,0	275,0			205,0	-210,0	-210,0	205,0			260,0	-275,0	275,0	275,0			755,0		0,597	450,7350
6	Minervino Daniele	Toplifters Milano	1981	102,7	225,0	240,0	250,0	250,0			165,0	172,5	180,0	180,0			280,0	300,0	-320,5	300,0			730,0		0,6024	439,7520
7	Brivio Luigi	Forma Club Monza	1976	111,5	245,0	265,0	275,0	275,0			190,0	-195,0	200,0	200,0			230,0	250,0	257,5	257,5			732,5		0,5861	429,3183
8	Monti Marco	Barbarian's Parma	1979	120,2	235,0	-250,0	250,0	250,0			210,0	-215,0	215,0	215,0			270,0	-280,0	-280,0	270,0			735,0		0,5747	422,4045
9	Vaccaro Valerio	Lazio Powerlifting	1977	95,7	240,0	250,0	-260,0	250,0			200,0	210,0	-215,0	210,0			200,0	220,0	-235,0	220,0			680,0		0,62	421,6000
10	Zangari Giuseppe	Dark Side Cuneo	1982	107,0	247,5	260,0	-270,0	260,0			190,0	-195,0	-195,0	190,0			240,0	250,0	260,0	260,0			710,0		0,5937	421,5270
11	Foschini Niki	Barbarian's Parma	1983	100,3	205,0	215,0	-230,0	215,0			165,0	-175,0	175,0	175,0			195,0	205,0	215,0	215,0			605,0		0,6079	367,7795
12	Frassinetti Antonio	Combat Livorno	1979	93,1	-210,0	210,0	-225,0	210,0			130,0	-140,0	-140,0	130,0			210,0	220,0	225,0	225,0			565,0		0,6279	354,7635
13	Grossi Simone	Asd Ancona	1974	110,1	220,0	230,0	240,0	240,0			140,0	145,0	-147,5	145,0			185,0	200,0	-210,0	200,0			585,0		0,5883	344,1555

Master 1

1	Bettati Roberto	Barbarian's Parma	1964	91,3	230,0	250,0	270,0	270,0			160,0	165,0	170,0	170,0			230,0	250,0	270,0	270,0			710,0		0,6338	449,9980
2	Favorito Alessandro	Power Club Terni	1965	82,4	250,0	-262,5	0,0	250,0			65,0	85,0	105,0	105,0			240,0	252,5	-260,0	252,5	R		607,5		0,6704	407,2680
3	Degiampietro	Body Planet	1969	81,0	210,0	-220,0	-225,0	210,0			125,0	-135,0	-135,0	125,0			210,0	220,0	235,0	235,0			570,0		0,6774	386,1180

Firma Arbitri

Capopedana:

Laterale

Laterale



Gara: 11° Coppa Italia Di Powerlifting

Luogo: Terni

Data: 21\22\23\ottobre 2011

Class.finale Assoluti Maschile

Powered By Ivano Giusti

Atleta	Società	A N	P P	Sq1	Sq2	Sq3	Bsq	R	P	Pa1	Pa2	Pa3	Bpa	R	P	St1	St2	St3	Bst	R	P	Totale	R	Coef	P. W
4 Vai Alberto	Toplifters Milano	1964	93,7	-180,0	190,0	205,0	205,0			130,0	140,0	-145,0	140,0			200,0	217,5	-222,5	217,5			562,5		0,626	352,1250
Fg D' Ovidio Claudio	Lazio Powerlifting	1969	104,9	-320,0	330,0	0,0	330,0			240,0	252,5		252,5			-230,0	-240,0	0,0	0,0			0,0		0,5978	0,0000
Fg Fogato Fabio	Barbarian's Parma	1971	91,5	190,0	200,0	-215,0	200,0			-115,0	-120,0	-125,0	0,0			200,0	210,0	220,0	220,0			0,0		0,6331	0,0000

Master 2

1 Rossi Sandro	Lazio Powerlifting	1952	89,3	230,0	240,0	0,0	240,0			132,5	137,5	-142,5	137,5			230,0	240,0	250,0	250,0			627,5		0,641	402,2275
2 De Carli Carlo	Body Planet	1957	88,3	190,0	-200,0	-200,0	190,0			95,0	100,0	-105,0	100,0			220,0	230,0	-240,0	230,0			520,0		0,6447	335,2440
3 Portugalli Claudio	Forma Club Monza	1957	87,3	135,0	145,0	150,0	150,0			105,0	110,0	-115,0	110,0			180,0	190,0	200,0	200,0			460,0		0,6487	298,4020

Master 3

1 Coppari Noriano	Power Club Terni	1951	76,2	210,0	220,0	-230,0	220,0	R		145,0	-150,0	150,0	150,0			220,0	230,0	-235,0	230,0	R		600,0		0,7048	422,8800
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Firma Arbitri

Capopedana:

Laterale

Laterale



Gara: 11° Coppa Italia Di Powerlifting

Luogo: Terni

Data: 21\22\23\ottobre 2011

Class.finale Assoluti Femminili

Powered By Ivano Giusti

Atleta	Società	A N	P P	Sq1	Sq2	Sq3	Bsq	R	Pa1	Pa2	Pa3	Bpa	R	St1	St2	St3	Bst	R	Totale	R	Coef	P. W
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Junior

1	Pineda Whelma	Forma Club Monza		1992	61,4	115,0	125,0	130,0	125,0		80,0	85,0	87,5	87,5	R	115,0	125,0	135,0	125,0		337,5	R	1,0952	369,6300
2	Tomaselli Tania	Roma Natural		1989	61,0	90,0	100,0	110,0	110,0		37,5	40,0	40,0	37,5		100,0	110,0	110,0	100,0		247,5		1,1007	272,4233

Senior

1	Rodina Alessia	Forma Club Monza		1975	51,4	140,0	150,0	0,0	150,0	R	65,0	70,0	0,0	65,0		145,0	0,0	0,0	145,0		360,0		1,2578	452,8080
2	Monaco Roberta	Se At Pe Roma		1975	51,1	110,0	117,5	122,5	122,5		60,0	62,5	65,0	65,0		130,0	140,0	145,0	145,0		332,5		1,2635	420,1138
3	Peti Barbara	Lazio Powerlifting		1976	45,5	107,5	107,5	110,0	110,0	R	70,0	72,5	72,5	70,0		117,5	122,5	130,0	122,5		302,5		1,3762	416,3005
4	Troilo Tiziana	Roma Natural		1972	56,6	130,0	137,5	145,0	137,5		72,5	80,0	80,0	72,5		135,0	140,0	147,5	140,0		350,0		1,1668	408,3800
5	Masci Manuela	Lazio Powerlifting		1979	55,9	117,5	122,5	127,5	127,5		62,5	67,5	67,5	67,5		117,5	127,5	130,0	130,0		325,0		1,1783	382,9475
6	Ricci Laura	Toplifters Milano		1977	58,8	95,0	105,0	112,5	105,0		45,0	52,5	57,5	57,5		100,0	110,0	130,0	130,0		292,5		1,1325	331,2563
7	Verolino Cristina	Roma Natural		1982	54,9	80,0	80,0	90,0	90,0		37,5	40,0	42,5	40,0		105,0	112,5	120,0	120,0		250,0		1,195	298,7500
8	Trippa	Power Club Terni		1977	49,4	75,0	80,0	80,0	80,0		40,0	42,5	45,0	45,0		100,0	105,0	110,0	105,0		230,0		1,2964	298,1720
Fg	Burchi Chiara	Lazio Powerlifting		1981	56,2	110,0	120,0	120,0	110,0		67,5	67,5	67,5	0,0		110,0			110,0		0,0		1,1733	0,0000

Master 1

1	Orsini Antonietta	Lazio Powerlifting		1964	63,8	195,0	205,0	0,0	205,0	R	130,0	0,0	0,0	130,0	R	190,0	0,0	0,0	190,0	R	525,0	R	1,0638	558,4950
2	Corsi Bruna	Semiramide Olbia		1964	50,7	90,0	95,0	100,0	100,0		50,0	55,0	57,5	57,5		110,0	117,5	122,5	122,5		280,0		1,2711	355,9080
3	Trotti Morena	Power Club Terni		1964	54,5	85,0	95,0	100,0	85,0		45,0	50,0	55,0	50,0		115,0	125,0	132,5	125,0		260,0		1,2019	312,4940

Master 2

1	Locatelli Laura	Glasspo Milano		1957	58,2	165,0	0,0	0,0	165,0	R	85,0	0,0	0,0	85,0	R	185,0	0,0		185,0	R	435,0	R	1,1416	496,5960
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Firma Arbitri

Capopedana:

Laterale

Laterale



Gara: 11° Coppa Italia Di Powerlifting

Luogo: Terni

Data: 21\22\23\ottobre 2011

Powered By Ivano Giust

Assoluto Femminile

Atleta	Società	Anno N.	P P	Cat	Cat Età	Squat	Panca	Stacco	Tot	Coeff	Wilks
Orsini Antonietta	Lazio Powerlifting	1964	63,8	-72	Master 1	205,0	130,0	190,0	525,0	1,0638	558,4950
Locatelli Laura	Glasspo Milano	1957	58,2	-63	Master 2	165,0	85,0	185,0	435,0	1,1416	496,5960
Rodina Alessia	Forma Club Monza	1975	51,4	-52	Senior	150,0	65,0	145,0	360,0	1,2578	452,8080
Monaco Roberta	Se At Pe Roma	1975	51,1	-52	Senior	122,5	65,0	145,0	332,5	1,2635	420,1138
Peti Barbara	Lazio Powerlifting	1976	45,5	-47	Senior	110,0	70,0	122,5	302,5	1,3762	416,3005
Troilo Tiziana	Roma Natural	1972	56,6	-57	Senior	137,5	72,5	140,0	350,0	1,1668	408,3800
Masci Manuela	Lazio Powerlifting	1979	55,9	-57	Senior	127,5	67,5	130,0	325,0	1,1783	382,9475
Pineda Whelma	Forma Club Monza	1992	61,4	-63	Junior	125,0	87,5	125,0	337,5	1,0952	369,6300
Corsi Bruna	Semiramide Olbia	1964	50,7	-52	Master 1	100,0	57,5	122,5	280,0	1,2711	355,9080
Ricci Laura	Toplifters Milano	1977	58,8	-63	Senior	105,0	57,5	130,0	292,5	1,1325	331,2563
Trotti Morena	Power Club Terni	1964	54,5	-57	Master 1	85,0	50,0	125,0	260,0	1,2019	312,4940
Verolino Cristina	Roma Natural	1982	54,9	-57	Senior	90,0	40,0	120,0	250,0	1,195	298,7500
Trippa Francesca	Power Club Terni	1977	49,4	-52	Senior	80,0	45,0	105,0	230,0	1,2964	298,1720
Tomaselli Tania	Roma Natural	1989	61,0	-63	Junior	110,0	37,5	100,0	247,5	1,1007	272,4233
Burchi Chiara	Lazio Powerlifting	1981	56,2	-57	Senior	110,0	0,0	110,0	0,0	1,1733	0,0000



Gara: 11° Coppa Italia Di Powerlifting

Luogo: Terni

Data: 21\22\23\ottobre 2011

Powered By Ivano Giusti

Assoluto Maschile

Atleta	Società	Anno N.	P P	Cat	Cat Età	Squat	Panca	Stacco	Tot	Coeff	Wilks
Crisafi Silvio	Power Club Terni	1980	103,3	-105	Senior	345,5	275,0	310,0	930,5	0,6011	559,3236
Bakhirev Alexey	Semiramide Olbia	1981	73,9	-74	Senior	265,0	195,0	285,0	745,0	0,72	536,4000
Pelizza Francesco	Barbarian's Parma	1986	121,9	+120	Senior	322,5	250,0	305,0	877,5	0,5729	502,7198
Sanasi Simone	Roma Natural	1982	83,0	-83	Senior	275,0	175,0	292,5	742,5	0,6675	495,6188
Pisasale Salvatore	Toplifters Milano	1980	65,8	-66	Senior	225,0	167,5	235,0	627,5	0,7872	493,9680
Agus Rudy	Semiramide Olbia	1974	81,6	-83	Senior	262,5	137,5	312,5	712,5	0,6744	480,5100
Silvas Alessandro	Semiramide Olbia	1972	89,3	-93	Senior	270,0	182,5	282,5	735,0	0,641	471,1350
La Rocca Andrea	Joy Powerlifting	1985	82,6	-83	Senior	265,0	170,0	265,0	700,0	0,6694	468,5800
Morresi Cristiano	Nirvana Club Ancona	1979	70,5	-74	Senior	245,0	155,0	225,0	625,0	0,7453	465,8125
Carniel Simone	Barbarian's Parma	1990	75,5	-83	Junior	250,0	170,0	235,0	655,0	0,7093	464,5915
Liuzzi Piero	Toplifters Milano	1987	107,8	-120	Senior	285,0	205,0	290,0	780,0	0,5923	461,9940
Calandra Roberto	Barbarian's Parma	1981	66,8	-74	Senior	215,0	155,0	220,0	590,0	0,7775	458,7250
Sgaramella Massimo	Power Club Terni	1977	158,4	+120	Senior	315,0	220,0	300,0	835,0	0,549	458,4150
Rollo Riccardo	Barbarian's Parma	1986	86,2	-93	Senior	257,5	165,0	275,0	697,5	0,6532	455,6070
Catoni Valerio	Roma Natural	1984	72,6	-74	Senior	240,0	157,5	225,0	622,5	0,7293	453,9893
Fusco Piero	Barbarian's Parma	1992	66,0	-66	Junior	215,0	135,0	225,0	575,0	0,7852	451,4900
Bottazzi Carlo	Dark Side Cuneo	1976	105,3	-120	Senior	275,0	205,0	275,0	755,0	0,597	450,7350
Bettati Roberto	Barbarian's Parma	1964	91,3	-93	Master 1	270,0	170,0	270,0	710,0	0,6338	449,9980
Minervino Daniele	Toplifters Milano	1981	102,7	-105	Senior	250,0	180,0	300,0	730,0	0,6024	439,7520
Buccioni Massimiliano	Power Club Terni	1976	76,0	-83	Senior	235,0	140,0	245,0	620,0	0,7061	437,7820
Tarchi Daniele	Power Club Terni	1981	59,6	-66	Senior	175,0	122,5	212,5	510,0	0,8581	437,6310
Di Martino Mattia	Lazio Powerlifting	1988	117,2	-120	Junior	270,0	190,0	290,0	750,0	0,5782	433,6500
Manca Giuseppe	Semiramide Olbia	1990	81,1	-83	Junior	240,0	155,0	245,0	640,0	0,6769	433,2160
Di Pilla L. Damiano	Se At Pe Roma	1985	88,1	-93	Senior	240,0	140,0	290,0	670,0	0,6455	432,4850
Magi Riccardo	Nirvana Club Ancona	1983	65,5	-66	Senior	205,0	135,0	205,0	545,0	0,7901	430,6045
Palmisano Francisco	Forma Club Monza	1976	75,4	-83	Senior	225,0	150,0	230,0	605,0	0,7099	429,4895
Brivio Luigi	Forma Club Monza	1976	111,5	-120	Senior	275,0	200,0	257,5	732,5	0,5861	429,3183
Coppari Noriano	Power Club Terni	1951	76,2	-83	Master 3	220,0	150,0	230,0	600,0	0,7048	422,8800
Monti Marco	Barbarian's Parma	1979	120,2	+120	Senior	250,0	215,0	270,0	735,0	0,5747	422,4045
Vaccaro Valerio	Lazio Powerlifting	1977	95,7	-105	Senior	250,0	210,0	220,0	680,0	0,62	421,6000
Zangari Giuseppe	Dark Side Cuneo	1982	107,0	-120	Senior	260,0	190,0	260,0	710,0	0,5937	421,5270
Calista Gabriele	Pescara Powerlifting	1979	82,7	-83	Senior	220,0	140,0	270,0	630,0	0,6689	421,4070
Rinaldi Enea	Nirvana Club Ancona	1981	71,5	-74	Senior	205,0	150,0	215,0	570,0	0,7375	420,3750



Gara: 11° Coppa Italia Di Powerlifting

Luogo: Terni

Data: 21\22\23\ottobre 2011

Powered By Ivano Giusti

Assoluto Maschile

Atleta	Società	Anno N.	P P	Cat	Cat Età	Squat	Panca	Stacco	Tot	Coeff	Wilks
Favero Dario	Barbarian's Parma	1985	72,7	-74	Senior	210,0	125,0	240,0	575,0	0,7285	418,8875
Gangarossa Gabriele	Barbarian's Parma	1980	83,4	-93	Senior	245,0	140,0	240,0	625,0	0,6656	416,0000
Montanari Luca	Nirvana Club Ancona	1991	79,3	-83	Junior	230,0	142,5	230,0	602,5	0,6865	413,6163
De Luca Alessio	Lazio Powerlifting	1988	80,7	-83	Junior	240,0	135,0	225,0	600,0	0,679	407,4000
Favorito Alessandro	Power Club Terni	1965	82,4	-83	Master 1	250,0	105,0	252,5	607,5	0,6704	407,2680
Matarrese Antonio	Power Club Terni	1988	74,8	-83	Junior	210,0	140,0	220,0	570,0	0,7139	406,9230
Fasano Mario	Functional Training	1985	82,6	-83	Senior	205,0	150,0	250,0	605,0	0,6694	404,9870
Giacco Francesco	Toplifters Milano	1995	69,4	-74	Sub Junior	212,5	120,0	202,5	535,0	0,7544	403,6040
Rosso Stefano	Se At Pe Roma	1986	53,4	-59	Senior	170,0	100,0	152,5	422,5	0,9547	403,3608
Rossi Sandro	Lazio Powerlifting	1952	89,3	-93	Master 2	240,0	137,5	250,0	627,5	0,641	402,2275
Balma Stefano	Barbarian's Parma	1988	92,7	-93	Junior	247,5	140,0	245,0	632,5	0,6292	397,9690
D' Abundo Giuseppe	Roma Natural	1975	80,5	-83	Senior	200,0	130,0	250,0	580,0	0,68	394,4000
Fusco Giulio	Barbarian's Parma	1993	67,2	-74	Sub Junior	190,0	100,0	210,0	500,0	0,7738	386,9000
Degiampietro Michele	Body Planet Trento	1969	81,0	-83	Master 1	210,0	125,0	235,0	570,0	0,6774	386,1180
Lo Presti Guido	Barbarian's Parma	1985	77,8	-83	Senior	205,0	140,0	210,0	555,0	0,6951	385,7805
Fusco Andrea	Barbarian's Parma	1993	63,6	-66	Sub Junior	180,0	102,5	190,0	472,5	0,8111	383,2448
Lolli Fabio Massimo	Lazio Powerlifting	1984	85,3	-93	Senior	190,0	180,0	212,5	582,5	0,657	382,7025
D' Arienzo Mario	Se At Pe Roma	1991	64,6	-66	Junior	190,0	95,0	190,0	475,0	0,7993	379,6675
Baccaglini Gabriele	Barbarian's Parma	1983	87,7	-93	Senior	270,0	60,0	255,0	585,0	0,6471	378,5535
Zangari Fabrizio	Dark Side Cuneo	1992	88,1	-93	Junior	210,0	145,5	225,0	580,5	0,6455	374,7128
Tonni P. Davide	Nirvana Club Ancona	1993	64,1	-66	Sub Junior	195,0	90,0	180,0	465,0	0,8046	374,1390
Prudenzi Emanuele	Roma Natural	1985	89,8	-93	Senior	180,0	120,0	280,0	580,0	0,6391	370,6780
Foschini Niki	Barbarian's Parma	1983	100,3	-105	Senior	215,0	175,0	215,0	605,0	0,6079	367,7795
Fiumanò Francesco	Se At Pe Roma	1990	71,5	-74	Junior	180,0	100,0	210,0	490,0	0,7375	361,3750
Frassinetti Antonio	Combat Livorno	1979	93,1	-105	Senior	210,0	130,0	225,0	565,0	0,6279	354,7635
Vai Alberto	Toplifters Milano	1964	93,7	-105	Master 1	205,0	140,0	217,5	562,5	0,626	352,1250
Gamba Fabio	Barbarian's Parma	1988	98,5	-105	Junior	190,0	155,0	230,0	575,0	0,6123	352,0725
Grossi Simone	Asd Ancona	1974	110,1	-120	Senior	240,0	145,0	200,0	585,0	0,5883	344,1555
Spizzo Marco	Barbarian's Parma	1982	69,6	-74	Senior	165,0	120,0	170,0	455,0	0,7527	342,4785
Trotta Roberto	Dark Side Cuneo	1974	92,2	-93	Senior	205,0	140,0	190,0	535,0	0,6308	337,4780
De Carli Carlo	Body Planet Trento	1957	88,3	-93	Master 2	190,0	100,0	230,0	520,0	0,6447	335,2440
Tozza Giuseppe	Nirvana Club Ancona	1979	84,3	-93	Senior	185,0	120,0	195,0	500,0	0,6615	330,7500
Quaglietti Maurizio	Power Club Terni	1989	65,8	-66	Junior	160,0	100,0	160,0	420,0	0,7872	330,6240



Gara: 11° Coppa Italia Di Powerlifting

Luogo: Terni

Data: 21\22\23\ottobre 2011

Powered By Ivano Giusti

Assoluto Maschile

Atleta	Società	Anno N.	P P	Cat	Cat Età	Squat	Panca	Stacco	Tot	Coeff	Wilks
Comisso Angelo	Toplifters Milano	1986	87,8	-93	Senior	170,0	150,0	185,0	505,0	0,6467	326,5835
Palleri Giordano	Power Club Terni	1991	75,5	-83	Junior	172,5	85,0	200,0	457,5	0,7093	324,5048
Millul Marco	Power Club Ponsacco	1984	72,9	-74	Senior	162,5	107,5	175,0	445,0	0,7271	323,5595
Cimpoiesu George	Roma Natural	1994	73,9	-74	Sub Junior	160,0	90,0	195,0	445,0	0,72	320,4000
Portugalli Claudio	Forma Club Monza	1957	87,3	-93	Master 2	150,0	110,0	200,0	460,0	0,6487	298,4020
Livini Francesco	Nirvana Club Ancona	1987	70,8	-74	Senior	115,0	95,0	185,0	395,0	0,743	293,4850
Anzalone Luca	Barbarian's Parma	1995	71,2	-74	Sub Junior	155,0	80,0	150,0	385,0	0,7398	284,8230
Granara Giuseppe	Barbarian's Parma	1988	109,1	-120	Junior	150,0	115,0	200,0	465,0	0,59	274,3500
Famiano Alberto	Barbarian's Parma	1986	76,9	-83	Senior	150,0	87,5	152,5	390,0	0,7005	273,1950
Merloni Andrea	Nirvana Club Ancona	1987	65,1	-66	Senior	115,0	80,0	130,0	325,0	0,7942	258,1150
Angelini Luigi	Nirvana Club Ancona	1990	60,2	-66	Junior	90,0	72,5	135,0	297,5	0,8503	252,9643
Badiali Claudio	Nirvana Club Ancona	1991	78,6	-83	Junior	220,0	0,0	205,0	0,0	0,6905	0,0000
Contenta Antonio	Roma Natural	1989	82,3	-83	Junior	230,0	0,0	210,0	0,0	0,6709	0,0000
Pantaleoni Fabio	Barbarian's Parma	1985	57,9	-59	Senior	0,0	100,0	180,0	0,0	0,8816	0,0000
Signani Nicola	Asd Ferrara	1981	64,7	-66	Senior	180,0	0,0	200,0	0,0	0,7983	0,0000
D' Ovidio Claudio	Lazio Powerlifting	1969	104,9	-105	Master 1	330,0	252,5	0,0	0,0	0,5978	0,0000
Corsi Leonardo	Power Club Terni	1982	81,8	-83	Senior	0,0	180,0	0,0	0,0	0,6734	0,0000
Cetani Paolo	Barbarian's Parma	1985	79,2	-83	Senior	0,0	0,0	0,0	0,0	0,6871	0,0000
Fogato Fabio	Barbarian's Parma	1971	91,5	-93	Master 1	200,0	0,0	220,0	0,0	0,6331	0,0000