

## 4° COPPA ITALIA DI POWERLIFTING - Marina di Carrara 6-7 NOVEMBRE 2004

## ASSOLUTI

## CATEGORIE FEMMINILI

## - 48Kg

| CAT.  | J/S/M | ATLETA       | P.P. | COEFF. | 1SQ  | 2SQ  | 3SQ   | SQUAT | 1PA  | 2PA  | 3PA   | PANCA | SUB.TOT | 1ST   | 2ST   | 3ST   | STACCO | TOT   | PU.WILKS  | POS. | CLUB              |
|-------|-------|--------------|------|--------|------|------|-------|-------|------|------|-------|-------|---------|-------|-------|-------|--------|-------|-----------|------|-------------------|
| -48.0 | J     | CUCI ITENA   | 47.0 | 1.3499 | 97.5 | 105N | 105.0 | 105.0 | 42.5 | 45.0 | 47.5  | 47.5  | 152.5   | 100.0 | 107.5 | 122.5 | 122.5  | 275.0 | 369.84750 | 1    | SC DELFINO -ROMA- |
| -48.0 | J     | MELE TATIANA | 48.0 | 1.3244 | 72.5 | 77.5 | 82.5  | 82.5  | 37.5 | 40.0 | 42.5N | 40.0  | 122.5   | 100.0 | 107.5 | 115.0 | 115.0  | 237.5 | 314.54500 | 2    | SC DELFINO -ROMA- |

## - 52Kg

| CAT.  | J/S/M | ATLETA           | P.P. | COEFF. | 1SQ   | 2SQ  | 3SQ   | SQUAT | 1PA  | 2PA  | 3PA | PANCA | SUB.TOT | 1ST   | 2ST   | 3ST   | STACCO | TOT   | PU.WILKS  | POS. | CLUB               |
|-------|-------|------------------|------|--------|-------|------|-------|-------|------|------|-----|-------|---------|-------|-------|-------|--------|-------|-----------|------|--------------------|
| -52.0 | S     | SALEMME MARIAPIA | 51.4 | 1.2578 | 115N  | 115N | 115.0 | 115.0 | 55.0 | 60N  | 60N | 55.0  | 170.0   | 120.0 | 130.0 | 140.0 | 140.0  | 310.0 | 389.91800 | 1    | SC DELFINO -ROMA-  |
| -52.0 | S     | RODINA ALESSIA   | 52.0 | 1.2466 | 110.0 | 120N | 120.0 | 120.0 | 50.0 | 52.5 | 55N | 52.5  | 172.5   | 110.0 | 120N  | 120.0 | 120.0  | 292.5 | 364.63050 | 2    | FORMA CLUB -MONZA- |

## -56Kg

| CAT.  | J/S/M | ATLETA             | P.P. | COEFF. | 1SQ   | 2SQ  | 3SQ  | SQUAT | 1PA  | 2PA   | 3PA   | PANCA | SUB.TOT | 1ST   | 2ST   | 3ST   | STACCO | TOT   | PU.WILKS  | POS. | CLUB                   |
|-------|-------|--------------------|------|--------|-------|------|------|-------|------|-------|-------|-------|---------|-------|-------|-------|--------|-------|-----------|------|------------------------|
| -56.0 | S     | CETUZZI CRISTIANA  | 52.4 | 1.2393 | 70.0  | 80.0 | 90.0 | 90.0  | 50.0 | 55.0  | 57.5N | 55.0  | 145.0   | 110.0 | 120.0 | 125N  | 120.0  | 265.0 | 328.41450 | 3    | CLUB 86<br>-MELEGNANO- |
| -56.0 | J     | TOMASELLO GIULIANA | 53.6 | 1.2176 | 92.5N | 92.5 | 100N | 92.5  | 40.0 | 425.5 | 45N   | 42.5  | 135.0   | 100.0 | 110.0 | 115.0 | 115.0  | 250.0 | 304.40000 | 3    | SC DELFINO -ROMA-      |

## -67.5kg

| CAT.  | J/S/M | ATLETA            | P.P. | COEFF. | 1SQ   | 2SQ   | 3SQ  | SQUAT | 1PA   | 2PA   | 3PA   | PANCA | SUB.TOT | 1ST   | 2ST   | 3ST   | STACCO | TOT   | PU.WILKS  | POS. | CLUB                               |
|-------|-------|-------------------|------|--------|-------|-------|------|-------|-------|-------|-------|-------|---------|-------|-------|-------|--------|-------|-----------|------|------------------------------------|
| -67.5 | M1    | ORSINI ANTONIETTA | 67.4 | 1.0217 | 195.0 | 205.0 | 210N | 205.0 | 120.0 | 125.0 | 130.0 | 130.0 | 335.0   | 190.0 | 200.0 | 210.0 | 210.0  | 545.0 | 556.82650 | 1    | SS LAZIO<br>POWERLIFTING<br>-ROMA- |

## -75kg

| CAT.  | J/S/M | ATLETA              | P.P. | COEFF. | 1SQ   | 2SQ   | 3SQ  | SQUAT | 1PA  | 2PA  | 3PA  | PANCA | SUB.TOT | 1ST   | 2ST   | 3ST   | STACCO | TOT   | PU.WILKS  | POS. | CLUB                               |
|-------|-------|---------------------|------|--------|-------|-------|------|-------|------|------|------|-------|---------|-------|-------|-------|--------|-------|-----------|------|------------------------------------|
| -75.0 | M1    | MOSCIANESE MARIAPIA | 72.9 | 0.9681 | 130.0 | 135.0 | 145N | 135.0 | 50.0 | 55.0 | 60.0 | 60.0  | 195.0   | 160.0 | 180.0 | 190.0 | 190.0  | 385.0 | 372.71850 | 2    | SS LAZIO<br>POWERLIFTING<br>-ROMA- |

## CATEGORIE MASCHILI

**-56KG**

| CAT.  | J/S/M | ATLETA          | P.P. | COEFF. | 1SQ   | 2SQ   | 3SQ    | SQUAT | 1PA   | 2PA  | 3PA | PANCA | SUB.TOT | 1ST   | 2ST   | 3ST  | STACCO | TOT   | PU.WILKS  | POS. | CLUB               |
|-------|-------|-----------------|------|--------|-------|-------|--------|-------|-------|------|-----|-------|---------|-------|-------|------|--------|-------|-----------|------|--------------------|
| -56.0 | M2    | GIUMARRA FRANCO | 56.0 | 0.9103 | 170.0 | 180.0 | 190.5N | 180.0 | 80.0N | 80.0 | 0   | 80.0  | 260.0   | 200.0 | 220.0 | 233N | 220.0  | 480.0 | 436.94400 | 2    | FORMA CLUB -MONZA- |
| -56.0 | J     | TARCHI DANIELE  | 53.9 | 0.9457 | 145.0 | 155.0 | 162.5  | 162.5 | 80.0  | 87.5 | 95N | 87.5  | 250.0   | 185.0 | 200.0 | 210N | 200.0  | 450.0 | 425.56500 | 2    | POWER CLUB -TERNI- |

**-75kg**

| CAT.  | J/S/M | ATLETA            | P.P. | COEFF. | 1SQ   | 2SQ    | 3SQ   | SQUAT | 1PA   | 2PA   | 3PA   | PANCA | SUB.TOT | 1ST   | 2ST   | 3ST    | STACCO | TOT   | PU.WILKS  | POS. | CLUB                      |
|-------|-------|-------------------|------|--------|-------|--------|-------|-------|-------|-------|-------|-------|---------|-------|-------|--------|--------|-------|-----------|------|---------------------------|
| -75.0 | A     | SACCO ROBERTO     | 75.0 | 0.7126 | 260.0 | 280.0  | 301.0 | 300.0 | 175.0 | 185.5 | 192.5 | 192.5 | 492.5   | 280.0 | 300.0 | 0      | 300.0  | 792.5 | 564.73550 | 1    | FORMA CLUB -MONZA-        |
| -75.0 | A     | OPPEDISANO ANDREA | 72.6 | 0.7293 | 215.0 | 222.5  | 230.0 | 230.0 | 140N  | 140.0 | 145.0 | 145.0 | 375.0   | 210.0 | 225N  | 225N   | 210.0  | 585.0 | 426.64050 | 6    | SC DELFINO -ROMA-         |
| -75.0 | B     | PEDRAZZI TONY     | 74.7 | 0.7146 | 210.0 | 220N   | 220.0 | 220.0 | 110N  | 110.0 | 120.0 | 120.0 | 340.0   | 245.0 | 255N  | 255N   | 245.0  | 585.0 | 418.04100 | 1    | CLUB C.L.H.M. -LOSANNA-   |
| -75.0 | B     | PICCOLO GIANLUCA  | 72.7 | 0.7285 | 180.0 | 187.5N | 187.5 | 187.5 | 90.5  | 100.0 | 102.5 | 102.5 | 290.0   | 230.0 | 240N  | 240.0  | 240.0  | 530.0 | 386.10500 | 3    | SC DELFINO -ROMA-         |
| -75.0 | B     | TREVISO VALERIO   | 74.9 | 0.7132 | 180.0 | 190N   | 190N  | 180.0 | 120.0 | 130N  | 135N  | 120.0 | 300.0   | 200.0 | 220.0 | 230N   | 220.0  | 520.0 | 370.86400 | 5    | POWER CLUB -TERNI-        |
| -75.0 | E     | BERTOLINI ALAN    | 75.0 | 0.7126 | 160.0 | 175.0  | 190.0 | 190.0 | 97.5N | 97.5  | 105.0 | 105.0 | 295.0   | 200.0 | 215.0 | 232.5N | 215.0  | 510.0 | 363.42600 | 2    | BARBARIAN'S POWER -PARMA- |
| -75.0 | E     | CREMONESI MASSIMO | 71.0 | 0.7414 | 160.0 | 175.0  | 185N  | 175.0 | 90.0  | 100.0 | 105.0 | 105.0 | 280.0   | 160.0 | 170.0 | 175.0  | 175.0  | 455.0 | 337.33700 | 3    | CLUB 67 -CREMA-           |

**-82.5kg**

| CAT.  | J/S/M | ATLETA             | P.P. | COEFF. | 1SQ   | 2SQ   | 3SQ   | SQUAT | 1PA   | 2PA   | 3PA    | PANCA | SUB.TOT | 1ST   | 2ST   | 3ST    | STACCO | TOT   | PU.WILKS  | POS. | CLUB                      |
|-------|-------|--------------------|------|--------|-------|-------|-------|-------|-------|-------|--------|-------|---------|-------|-------|--------|--------|-------|-----------|------|---------------------------|
| -82.5 | J     | SANASI SIMONE      | 81.1 | 0.6769 | 240N  | 240.0 | 250.0 | 250.0 | 145.0 | 150.0 | 157.5N | 150.0 | 400.0   | 250.0 | 260.0 | 275.0  | 275.0  | 675.0 | 456.90750 | 1    | SC DELFINO -ROMA-         |
| -82.5 | M1    | AGOSTINONI GIORGIO | 81.0 | 0.6774 | 240.0 | 250.0 | 270N  | 250.0 | 135.0 | 142.5 | 150N   | 142.5 | 392.5   | 245.0 | 255.0 | 277.5N | 255.0  | 647.5 | 438.61650 | 4    | SC DELFINO -ROMA-         |
| -82.5 | M2    | COPPARI NORIANO    | 76.2 | 0.7048 | 225.0 | 235N  | 235N  | 225.0 | 120.0 | 130.0 | 140N   | 130.0 | 355.0   | 235.0 | 245N  | 245N   | 235.0  | 590.0 | 415.83200 | 3    | POWER CLUB -TERNI-        |
| -82.5 | J     | PENNACCHI LUCA     | 77.1 | 0.6993 | 220.0 | 240.0 | 0     | 240.0 | 127.5 | 132.5 | 137.5  | 137.5 | 377.5   | 210.0 | 230N  | 230N   | 210.0  | 587.5 | 410.83875 | 3    | CLUB 67 -CREMA-           |
| -82.5 | E     | MORGANTI MARCO     | 82.5 | 0.6699 | 180N  | 180.0 | 200.0 | 200.0 | 160N  | 160N  | 160.0  | 160.0 | 360.0   | 200N  | 200.0 | 220.0  | 220.0  | 580.0 | 388.54200 | 1    | POPEYE -LIVORNO-          |
| -82.5 | J     | BONAZZA WALTER     | 79.0 | 0.6882 | 190.0 | 200.0 | 210N  | 200.0 | 135.0 | 145N  | 145.0  | 145.0 | 345.0   | 220.0 | 230N  | 232.5N | 220.0  | 565.0 | 388.83300 | 5    | BODY PLANET -TRENTO-      |
| -82.5 | M1    | BRANCATO RICCARDO  | 77.6 | 0.6963 | 200.0 | 210N  | 210N  | 200.0 | 130.0 | 137.5 | 140N   | 137.5 | 337.5   | 200.0 | 210.0 | 220.0  | 220.0  | 557.5 | 388.18725 | 6    | CLUB C.L.H.M. -LOSANNA-   |
| -82.5 | B     | CONTI ANDREA       | 79.6 | 0.6849 | 180N  | 180.0 | 200.0 | 200.0 | 140N  | 140.0 | 150.0  | 150.0 | 350.0   | 180.0 | 200.0 | 230N   | 200.0  | 550.0 | 376.69500 | 6    | CLUB 86 -MELEGNANO-       |
| -82.5 | J     | DABUSH MIMMO       | 81.8 | 0.6734 | 192.5 | 200.0 | 207.5 | 207.5 | 115.0 | 120.0 | 125.0  | 125.0 | 332.5   | 215.0 | 220N  | 220N   | 215.0  | 547.5 | 368.68650 | 6    | SC DELFINO -ROMA-         |
| -82.5 | B     | LUCCHETTI MANUELE  | 80.3 | 0.6811 | 175.0 | 185N  | 185N  | 175.0 | 110.0 | 115.0 | 120N   | 115.0 | 290.0   | 220.0 | 235.0 | 242.5  | 242.5  | 532.5 | 362.68575 | 8    | SPORTING CLUB -CREMA-     |
| -82.5 | J     | FLORENZ COLLAKU    | 75.4 | 0.7099 | 150N  | 150.0 | 160.0 | 160.0 | 105.0 | 115.0 | 0      | 115.0 | 275.0   | 170.0 | 182.5 | 190N   | 182.5  | 457.5 | 324.77925 | 8    | BARBARIAN'S POWER -PARMA- |
| -82.5 | E     | CRUCIANI CESARE    | 79.7 | 0.6843 | 125.0 | 137.5 | 147.5 | 147.5 | 105.0 | 110N  | 115N   | 105.0 | 252.5   | 170.0 | 185.0 | 195.0  | 195.0  | 447.5 | 306.22425 | 4    | SC DELFINO -ROMA-         |

**-90.0kg**

| CAT.  | J/S/M | ATLETA                | P.P. | COEFF. | 1SQ   | 2SQ   | 3SQ   | SQUAT | 1PA   | 2PA   | 3PA   | PANCA | SUB.TOT | 1ST   | 2ST    | 3ST    | STACCO | TOT   | PU.WILKS  | POS. | CLUB                    |
|-------|-------|-----------------------|------|--------|-------|-------|-------|-------|-------|-------|-------|-------|---------|-------|--------|--------|--------|-------|-----------|------|-------------------------|
| -90.0 | A     | GHIRARDI DANIELE      | 89.9 | 0.6388 | 310.0 | 331.0 | 340N  | 330.0 | 205N  | 205.0 | 225N  | 205.0 | 535.0   | 340.0 | 362.5N | 362.5N | 340.0  | 875.0 | 558.95000 | 2    | CLUB 67 -CREMA-         |
| -90.0 | A     | FAVORITO ALESSANDRO   | 89.4 | 0.6406 | 280.0 | 290N  | 0     | 280.0 | 165.0 | 175.0 | 0     | 175.0 | 455.0   | 280N  | 280.0  | 0      | 280.0  | 735.0 | 470.84100 | 3    | POWER CLUB -TERNI-      |
| -90.0 | A     | VOSO CRISTIAN         | 90.0 | 0.6384 | 260.0 | 280.0 | 300N  | 280.0 | 180N  | 185.0 | 195N  | 185.0 | 465.0   | 260.0 | 280N   | 280N   | 260.0  | 725.0 | 462.84000 | 4    | FORMA CLUB -MONZA-      |
| -90.0 | M1    | CRISCIONE PIERGIORGIO | 84.6 | 0.6601 | 245.0 | 250.0 | 0     | 250.0 | 135N  | 140.0 | 145N  | 140.0 | 390.0   | 260.0 | 270.0  | 275.0  | 275.0  | 665.0 | 438.96650 | 3    | BODY PLANET<br>-TRENTO- |
| -90.0 | B     | MARAZZINI ALESSIO     | 85.2 | 0.6575 | 210.0 | 225N  | 225.0 | 225.0 | 130N  | 140.0 | 150.0 | 150.0 | 375.0   | 230.0 | 245.0  | 262.5N | 245.0  | 620.0 | 407.65000 | 2    | CLUB 85<br>-MELEGNANO-  |
| -90.0 | M1    | DE CARLI CARLO        | 88.7 | 0.6432 | 220.0 | 230N  | 230.0 | 230.0 | 125.0 | 130N  | 130N  | 125.0 | 355.0   | 240.0 | 250.0  | 257.5  | 257.5  | 612.5 | 393.96000 | 5    | BODY PLANET<br>-TRENTO- |
| -90.0 | B     | RUSSO MASSIMO         | 86.4 | 0.6523 | 215.0 | 222.5 | 230.0 | 230.0 | 130.0 | 135.0 | 140.0 | 140.0 | 370.0   | 210.0 | 220.0  | 240N   | 220.0  | 590.0 | 384.85700 | 4    | SC DELFINO -ROMA-       |

**-100.0KG**

| CAT.   | J/S/M | ATLETA          | P.P.  | COEFF. | 1SQ    | 2SQ   | 3SQ   | SQUAT | 1PA   | 2PA   | 3PA    | PANCA | SUB.TOT | 1ST   | 2ST   | 3ST   | STACCO | TOT   | PU.WILKS  | POS. | CLUB                                |
|--------|-------|-----------------|-------|--------|--------|-------|-------|-------|-------|-------|--------|-------|---------|-------|-------|-------|--------|-------|-----------|------|-------------------------------------|
| -100.0 | M1    | BETTATI ROBERTO | 90.4  | 0.637  | 260.0  | 275.0 | 285.5 | 285.5 | 145.0 | 152.5 | 157.5  | 157.5 | 443.0   | 260.0 | 270.0 | 272.5 | 272.5  | 715.0 | 455.77350 | 2    | BARBARIAN'S -PARMA-<br>SS LAZIO     |
| -100.0 | M2    | SANDRO ROSSI    | 90.01 | 0.638  | 250.0  | 260.0 | 270.0 | 270.0 | 125N  | 125.0 | 0      | 125.0 | 395.0   | 265.0 | 275.0 | 290.0 | 290.0  | 685.0 | 437.03000 | 1    | POWERLIFTING<br>-ROMA-              |
| -100.0 | J     | RUBINELLI ALDO  | 97.6  | 0.6147 | 235.0  | 245.0 | 260.0 | 260.0 | 150N  | 155.0 | 162.5N | 155.0 | 415.0   | 230.0 | 240.0 | 250N  | 240.0  | 655.0 | 402.62850 | 4    | BODY PLANET<br>-TRENTO-<br>SS LAZIO |
| -100   | M1    | FORMICOLA FABIO | 90.1  | 0.638  | 182.5N | 182.5 | 0     | 182.5 | 170.0 | 180.5 | 185.0  | 185.0 | 367.5   | 160.0 | 182.5 | 0     | 182.5  | 550.0 | 350.90000 | 7    | POWERLIFTING<br>-ROMA-              |
| -100.0 | E     | CRESTA GIACOMO  | 92.7  | 0.6292 | 120.0  | 140N  | 140.0 | 140.0 | 77.5  | 85N   | 85.0   | 85.0  | 225.0   | 140.0 | 160.0 | 170.0 | 170.0  | 395.0 | 248.53400 | 5    | POPEYE -LIVORNO-                    |

**-110.0KG**

| CAT.   | J/S/M | ATLETA            | P.P.  | COEFF. | 1SQ   | 2SQ   | 3SQ   | SQUAT | 1PA   | 2PA   | 3PA   | PANCA | SUB.TOT | 1ST   | 2ST   | 3ST   | STACCO | TOT   | PU.WILKS  | POS. | CLUB                                |
|--------|-------|-------------------|-------|--------|-------|-------|-------|-------|-------|-------|-------|-------|---------|-------|-------|-------|--------|-------|-----------|------|-------------------------------------|
| -110.0 | M1    | RUSSO ANTONIO     | 107.9 | 0.5921 | 290.0 | 305.0 | 310.0 | 310.0 | 150.0 | 160N  | 160N  | 150.0 | 460.0   | 315.0 | 325.0 | 331N  | 325.0  | 785.0 | 464.79850 | 1    | BODY PLANET<br>-TRENTO-<br>SS LAZIO |
| -110.0 | A     | BOMBOLETTI ENRICO | 100.1 | 0.6083 | 260.0 | 270.0 | 280.0 | 280.0 | 170.0 | 180.0 | 185.0 | 185.0 | 465.0   | 260.0 | 270.0 | 280.0 | 280.0  | 745.0 | 453.18350 | 5    | POWERLIFTING<br>-ROMA-              |
| -110.0 | B     | CRISAFI SILVIO    | 105.7 | 0.5962 | 210.0 | 230N  | 230N  | 210.0 | 130.0 | 140.0 | 150.0 | 150.0 | 360.0   | 230.0 | 250.0 | 260.0 | 260.0  | 620.0 | 369.64400 | 7    | POWER CLUB -TERNI-                  |