



Gara: 27° Campionato Italiano Assoluto Powerlifting

Luogo: Villazzano (Tn)

Data: 25-26 Aprile 2009

Categorie Maschili Class. Finale

Atleta	A. N.	P P	Coef	Sq1	Sq2	Sq3	Bsq	P	Pa1	Pa2	Pa3	Bpa	P	Sbt	St1	St2	St3	Bst	P	Tot	Wilks	C.e	Società
-56																							
1 Tarchi Daniele	1981	56,0	0,9103	-455,0	155,0	162,5	162,5	1	95,0	100,0	-105,0	100,0	1	262,5	180,0	190,0	195,0	195,0	1	457,5	416,4623	Se	Power Club Terni
-60																							
1 Dell' Aquila Dario	1983	57,0	0,8949	175,0	-490,0	190,0	190,0	2	-100,0	100,0	110,0	110,0	3	300,0	185,0	200,0	-207,5	200,0	2	500,0	447,4500	Se	Barbarian's Parma
2 Giummarra Franco	1950	57,2	0,8919	175,0	190,0	195,0	195,0	1	65,0	70,0	75,0	75,0	4	270,0	190,0	205,0	-210,0	205,0	1	475,0	423,6525	M2	Forma Club Monza
3 Di Franco Angelo	1987	60,0	0,8529	60,0	-75,0	0,0	60,0	3	140,0	145,0	150,0	150,0	1	210,0	90,0	105,0	130,0	130,0	4	340,0	289,9860	Ju	A.s.d. Canicatti
Fg Imbalzano Paolo	1978	57,6	0,8859	-140,0	-140,0	-140,0	0,0	Fg	130,0	135,0	-140,0	135,0	2	135,0	150,0	160,0	-170,0	160,0	3	0,0	0,0000	Se	A.s.d. Ancona
-67,5																							
1 Morresi Cristiano	1979	66,8	0,7775	210,0	220,0	-225,0	220,0	1	120,0	-130,0	130,0	130,0	2	350,0	215,0	225,0	-232,5	225,0	1	575,0	447,0625	Se	A.s.d. Ancona
2 Kumar Sukhwinder	1981	65,7	0,7881	185,0	195,0	200,0	200,0	2	140,0	-147,5	147,5	147,5	1	347,5	185,0	202,5	-210,0	202,5	2	550,0	433,4550	Se	A.s.d. Brescia
3 Romano Valerio	1984	67,0	0,7756	180,0	190,0	-200,0	190,0	3	95,0	-100,0	0,0	95,0	3	285,0	180,0	190,0	-200,0	190,0	3	475,0	368,4100	Se	Joy Planet P. Santa
4 Petrongari Paolo	1966	64,5	0,8004	100,0	0,0	0,0	100,0	4	80,0	85,0	90,0	90,0	4	190,0	150,0	-162,5	0,0	150,0	4	340,0	272,1360	M1	Powerlifting Rieti
Fg D'alessandro Giuseppe	1982	66,7	0,7785	-210,0	-210,0	-210,0	0,0	Fg	0,0	0,0	0,0	0,0	Fg	0,0	0,0	0,0	0,0	0,0	Fg	0,0	0,0000	Se	Roma N. P.
-75																							
1 Corsi Leonardo	1982	74,2	0,7179	250,0	-270,0	-270,0	250,0	1	170,0	-175,0	-175,0	170,0	2	420,0	220,0	-240,0	-240,0	220,0	5	640,0	459,4560	Se	Power Club Terni
2 Zampa Stefano	1986	73,1	0,7256	190,0	205,0	-215,0	205,0	6	145,0	156,0	160,0	160,0	3	365,0	210,0	225,0	235,0	235,0	1	600,0	435,3600	Ju	Forma Club Monza
3 Coppari Noriano	1951	74,8	0,7139	-220,0	220,0	-230,0	220,0	3	-145,0	145,0	150,0	150,0	4	370,0	220,0	230,0	-232,5	230,0	4	600,0	428,3400	M2	Power Club Terni
4 Palmisano Francisco	1976	74,0	0,7193	210,0	-220,0	220,0	220,0	2	135,0	140,0	-145,0	140,0	5	360,0	230,0	-240,0	-240,0	230,0	3	590,0	424,3870	Se	Forma Club Monza
5 Marazzini Riccardo	1990	74,6	0,7152	195,0	210,0	-222,5	210,0	5	135,0	-145,0	-145,0	135,0	6	345,0	220,0	235,0	-242,5	235,0	2	580,0	414,8160	Ju	Power Team Milano
6 Zanetti Sergio	1945	74,7	0,7146	200,0	210,0	-225,0	210,0	4	115,0	-120,0	0,0	115,0	8	325,0	205,0	215,0	-220,0	215,0	6	540,0	385,8840	M3	Body Planet Trento
7 Ronsisvalle Mario	1980	74,3	0,7173	-490,0	-490,0	190,0	190,0	7	-125,0	-125,0	125,0	125,0	7	315,0	205,0	215,0	-225,0	215,0	7	530,0	380,1690	Se	Roma N. P.
8 Facciponte Marcello	1975	75,0	0,7126	80,0	0,0	0,0	80,0	8	-192,5	195,0	-200,0	195,0	1	275,0	120,0	140,0	170,0	170,0	8	445,0	317,1070	Se	A.s.d. Canicatti
Fg Porcari Andrea	1970	71,6	0,7367	0,0	0,0	0,0	0,0	Fg	0,0	0,0	0,0	0,0	Fg	0,0	0,0	0,0	0,0	0,0	Fg	0,0	0,0000	Se	A.s.d. Brescia
-82,5																							
1 Criscione Pier Giorgio	1961	82,5	0,6699	235,0	245,0	250,0	250,0	5	135,0	140,0	0,0	140,0	5	390,0	265,0	275,0	281,0	281,0	2	671,0	449,5029	M1	Body Planet Trento
2 Agostinoni Giorgio	1958	81,6	0,6744	-255,0	260,0	-265,0	260,0	2	-142,5	142,5	145,0	145,0	3	405,0	250,0	260,0	265,0	265,0	3	670,0	451,8480	M2	Roma N. P.
3 Venuto Salvatore	1957	82,0	0,6724	220,0	-235,0	240,0	240,0	6	170,0	180,5	190,0	190,0	2	430,0	210,0	225,0	-237,5	225,0	7	655,0	440,4220	M2	Forma Club Monza
4 Bertolini Alan	1983	77,4	0,6975	230,0	-245,0	-245,0	230,0	7	-120,0	-120,0	120,0	120,0	7	350,0	245,0	260,0	-270,0	260,0	4	610,0	425,4750	Se	Barbarian's Parma

Firma Verbale Gara:

Capo Pedana

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Gara: 27° Campionato Italiano Assoluto Powerlifting

Luogo: Villazzano (Tn)

Data: 25-26 Aprile 2009

Categorie Maschili Class. Finale

Atleta	A. N.	P P	Coef	Sq1	Sq2	Sq3	Bsq	P	Pa1	Pa2	Pa3	Bpa	P	Sbt	St1	St2	St3	Bst	P	Tot	Wilks	C.e	Società
5 Rollo Riccardo	1986	81,2	0,6764	220,0	-235,0	-235,0	220,0	8	-135,0	135,0	-150,0	135,0	6	355,0	230,0	240,0	-250,0	240,0	5	595,0	402,4580	Ju	Barbarian's Parma
6 Andreatta Piero	1950	80,7	0,679	235,0	252,5	-262,5	252,5	4	80,0	87,5	0,0	87,5	11	340,0	232,5	-252,5	-252,5	232,5	6	572,5	388,7275	M2	Body Planet Trento
7 Mastrogiovanni Antonio	1981	80,4	0,6806	200,0	210,0	-220,0	210,0	9	140,0	-145,0	0,0	140,0	4	350,0	210,0	-220,0	0,0	210,0	9	560,0	381,1360	Se	Forma Club Monza
8 Formicola Fabio	1963	82,5	0,6699	170,0	190,0	200,0	200,0	10	-195,0	195,0	-200,0	195,0	1	395,0	100,0	130,0	150,0	150,0	12	545,0	365,0955	M1	Lazio Powerlifting
9 Pomarico Gianluca	1990	79,0	0,6882	140,0	150,0	160,0	160,0	11	100,0	-110,0	110,0	110,0	8	270,0	-185,0	200,0	210,0	210,0	8	480,0	330,3360	Ju	Forma Club Monza
10 Dealbi Davide	1975	80,9	0,6779	130,0	145,0	-160,0	145,0	13	100,0	105,0	110,0	110,0	9	255,0	160,0	180,0	200,0	200,0	10	455,0	308,4445	Se	Barbarian's Parma
11 Campaner Antonio	1991	81,8	0,6734	-150,0	-150,0	150,0	150,0	12	100,0	-105,0	-105,0	100,0	10	250,0	190,0	200,0	-210,0	200,0	11	450,0	303,0300	Sj	Body Planet Trento
Fg Agus Rudy	1974	81,7	0,6739	-255,0	255,0	270,0	270,0	1	-155,0	-155,0	-155,0	0,0	Fg	270,0	300,0	-320,0	0,0	300,0	1	0,0	0,0000	Se	Lazio Powerlifting
Fg Ghignoli Daniele	1977	82,2	0,6714	-260,0	260,0	-265,0	260,0	3	-140,0	-140,0	-145,0	0,0	Fg	260,0	0,0	0,0	0,0	0,0	Fg	0,0	0,0000	Se	Popeye Livorno
-90																							
1 Ghirardi Daniele	1969	89,2	0,6413	300,0	320,0	0,0	320,0	1	220,0	0,0	0,0	220,0	1	540,0	320,0	0,0	0,0	320,0	1	860,0	551,5180	M1	A.s.d. Brescia
2 Bettati Stefano	1968	85,5	0,6562	280,0	0,0	0,0	280,0	3	160,0	170,0	0,0	170,0	2	450,0	280,0	300,0	-320,0	300,0	2	750,0	492,1500	M1	Barbarian's Parma
3 De Carli Carlo	1957	86,9	0,6503	210,0	-222,5	-230,0	210,0	5	100,0	105,0	110,0	110,0	5	320,0	230,0	242,5	252,5	252,5	4	572,5	372,2968	M2	Body Planet Trento
4 Barozzi Claudio	1963	87,8	0,6467	195,0	210,0	-225,0	210,0	6	-140,0	145,0	-152,5	145,0	4	355,0	195,0	205,0	217,5	217,5	9	572,5	370,2358	M1	A.s.d. Brescia
5 Mondo Andrea	1976	88,2	0,6451	180,0	190,0	200,0	200,0	10	105,0	-110,0	110,0	110,0	6	310,0	215,0	225,0	235,0	235,0	7	545,0	351,5795	Se	Dark Side Cuneo
6 Accardo Gianpiero	1992	88,2	0,6451	190,0	205,0	-220,0	205,0	9	75,0	80,0	-87,5	80,0	8	285,0	225,0	235,0	245,0	245,0	5	530,0	341,9030	Sj	Body Planet Trento
7 Rigoni Marco	1987	88,3	0,6447	-175,0	175,0	190,0	190,0	11	85,0	-92,5	92,5	92,5	7	282,5	210,0	220,0	230,0	230,0	8	512,5	330,4088	Ju	Power Club Terni
Fg Cadin Fabiano	1970	82,8	0,6685	-205,0	205,0	-210,0	205,0	8	-130,0	-130,0	-130,0	0,0	Fg	205,0	-230,0	230,0	240,0	240,0	6	0,0	0,0000	Se	Body Planet Trento
Fg Barjaoui Mohamed	1966	85,9	0,6545	-180,0	-190,0	-190,0	0,0	Fg	-140,0	145,0	-155,0	145,0	3	145,0	-220,0	-220,0	-220,0	0,0	Fg	0,0	0,0000	M1	Brunazzi Reggio E.
Fg Silvas Alessandro	1972	87,9	0,6463	252,5	260,0	270,0	270,0	4	-182,5	-182,5	-182,5	0,0	Fg	270,0	270,0	-275,0	275,0	275,0	3	0,0	0,0000	Se	Lazio Powerlifting
Fg Rossi Sandro	1952	88,8	0,6428	0,0	0,0	0,0	0,0	Fg	0,0	0,0	0,0	0,0	Fg	0,0	0,0	0,0	0,0	0,0	Fg	0,0	0,0000	M2	Lazio Powerlifting
Fg Frassinetti Gabriele	1979	89,9	0,6388	195,0	-210,0	210,0	210,0	7	-135,0	-135,0	-135,0	0,0	Fg	210,0	0,0	0,0	0,0	0,0	Fg	0,0	0,0000	Se	Popeye Livorno
Fg Favorito Alessandro	1965	90,0	0,6384	290,0	-305,0	0,0	290,0	2	-180,0	-180,0	0,0	0,0	Fg	290,0	0,0	0,0	0,0	0,0	Fg	0,0	0,0000	M1	Power Club Terni
-100																							
1 D' Ovidio Claudio	1969	100,0	0,6086	320,0	340,0	352,5	352,5	1	235,0	-248,0	-248,0	235,0	1	587,5	255,0	-262,5	-262,5	255,0	2	842,5	512,7455	M1	Lazio Powerlifting
2 Voso Cristian	1971	98,0	0,6136	300,0	320,0	330,0	330,0	2	210,0	220,0	225,0	225,0	2	555,0	280,0	-287,5	-287,5	280,0	1	835,0	512,3560	Se	Forma Club Monza
3 Bettati Roberto	1964	91,3	0,6338	230,0	250,0	0,0	250,0	3	150,0	160,0	-170,0	160,0	3	410,0	220,0	240,0	0,0	240,0	4	650,0	411,9700	M1	Barbarian's Parma
4 Fulvi Fabiano	1969	92,0	0,6315	190,0	200,0	210,0	210,0	5	145,0	-150,0	155,0	155,0	4	365,0	230,0	250,0	-260,0	250,0	3	615,0	388,3725	M1	Joy Planet P. Santa

Firma Verbale Gara:

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Luogo: Villazzano (Tn) Data: 25-26 Aprile 2009

Categorie Maschili Class. Finale

Atleta	A. N.	P P	Coef	Sq1	Sq2	Sq3	Bsq	P	Pa1	Pa2	Pa3	Bpa	P	Sbt	St1	St2	St3	Bst	P	Tot	Wilks	C.e	Società
5 Frassinetti Antonio	1979	97,9	0,6139	-220,0	-230,0	230,0	230,0	4	-140,0	140,0	-150,0	140,0	5	370,0	220,0	-232,5	-247,5	220,0	5	590,0	362,2010	Se	Popeye Livorno
-110																							
1 Crisafi Silvio	1980	108,9	0,5903	-340,0	310,0	-330,0	310,0	2	280,0	-290,0	290,0	290,0	1	600,0	290,0	300,0	-340,0	300,0	1	900,0	531,2700	Se	Power Club Terni
2 Bomboletti Enrico	1970	107,0	0,5937	300,0	310,0	-320,0	310,0	1	160,0	170,0	180,0	180,0	2	490,0	280,0	290,0	-300,0	290,0	2	780,0	463,0860	Se	Lazio Powerlifting
3 Liuzzi Piero	1987	103,1	0,6015	205,0	220,0	-230,0	220,0	5	155,0	165,0	-175,0	165,0	3	385,0	230,0	250,0	-260,0	250,0	3	635,0	381,9525	Ju	Power Team Milano
4 Brivio Luigi	1976	102,9	0,6019	200,0	210,0	220,0	220,0	4	140,0	-150,0	-150,0	140,0	4	360,0	200,0	215,0	225,0	225,0	5	585,0	352,1115	Se	Forma Club Monza
Fg Bottazzi Carlo	1976	104,0	0,5996	-250,0	-250,0	-250,0	0,0	Fg	0,0	0,0	0,0	0,0	Fg	0,0	0,0	0,0	0,0	0,0	Fg	0,0	0,0000	Se	Dark Side Cuneo
Fg Zangari Giuseppe	1952	104,0	0,5996	210,0	230,0	-250,0	230,0	3	-165,0	-170,0	-175,0	0,0	Fg	230,0	230,0	-250,0	-250,0	230,0	4	0,0	0,0000	M2	Dark Side Cuneo
-125																							
St Saidek Maikel	1983	123,8	0,571	300,0	320,0	340,0	340,0	St	190,0	200,0	-240,0	200,0	St	540,0	250,0	270,0	-290,0	270,0	St	810,0	462,5100	Str	Forma Club Monza
1 Pellino Giuseppe	1981	121,4	0,5734	280,0	-300,0	300,0	300,0	1	190,0	-200,0	-200,0	190,0	2	490,0	280,0	300,0	0,0	300,0	1	790,0	452,9860	Se	Forma Club Monza
2 Monti Marco	1979	118,8	0,5763	-220,0	220,0	-240,0	220,0	2	180,0	195,0	-200,0	195,0	1	415,0	210,0	225,0	240,0	240,0	2	655,0	377,4765	Se	Barbarian's Parma
Fg Bassini Andrea	1973	120,8	0,574	125,0	0,0	0,0	125,0	3	-270,0	-275,0	-280,0	0,0	Fg	125,0	0,0	0,0	0,0	0,0	Fg	0,0	0,0000	Se	Popeye Livorno
+125																							
1 Pellizzoni Francesco	1977	132,1	0,564	360,0	390,0	400,0	400,0	1	-200,0	200,0	-240,0	200,0	1	600,0	300,0	325,0	-330,0	325,0	1	925,0	521,7000	Se	Barbarian's Parma

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Gara: 27° Campionato Italiano Assoluto Powerlifting

Luogo: Villazzano (Tn)

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Wilks Categorie Età Maschili

Atleta	Anno N.	P P	Coeff	Cat	Squat	Panca	Stacco	Tot	Wilks	Società
Junior										
Zampa Stefano	1986	73,1	0,7256	-75	205,0	160,0	235,0	600,0	435,3600	Forma Club Monza
Marazzini Riccardo	1990	74,6	0,7152	-75	210,0	135,0	235,0	580,0	414,8160	Power Team Milano
Rollo Riccardo	1986	81,2	0,6764	-82,5	220,0	135,0	240,0	595,0	402,4580	Barbarian's Parma
Liuzzi Piero	1987	103,1	0,6015	-110	220,0	165,0	250,0	635,0	381,9525	Power Team Milano
Rigoni Marco	1987	88,3	0,6447	-90	190,0	92,5	230,0	512,5	330,4088	Power Club Terni
Pomarico Gianluca	1990	79,0	0,6882	-82,5	160,0	110,0	210,0	480,0	330,3360	Forma Club Monza
Di Franco Angelo	1987	60,0	0,8529	-60	60,0	150,0	130,0	340,0	289,9860	A.s.d. Canicatti
Master 1										
Ghirardi Daniele	1969	89,2	0,6413	-90	320,0	220,0	320,0	860,0	551,5180	A.s.d. Brescia
D' Ovidio Claudio	1969	100,0	0,6086	-100	352,5	235,0	255,0	842,5	512,7455	Lazio Powerlifting
Bettati Stefano	1968	85,5	0,6562	-90	280,0	170,0	300,0	750,0	492,1500	Barbarian's Parma
Criscione Pier Giorgio	1961	82,5	0,6699	-82,5	250,0	140,0	281,0	671,0	449,5029	Body Planet Trento
Bettati Roberto	1964	91,3	0,6338	-100	250,0	160,0	240,0	650,0	411,9700	Barbarian's Parma
Fulvi Fabiano	1969	92,0	0,6315	-100	210,0	155,0	250,0	615,0	388,3725	Joy Planet P. Santa
Barozzi Claudio	1963	87,8	0,6467	-90	210,0	145,0	217,5	572,5	370,2358	A.s.d. Brescia
Formicola Fabio	1963	82,5	0,6699	-82,5	200,0	195,0	150,0	545,0	365,0955	Lazio Powerlifting
Petrongari Paolo	1966	64,5	0,8004	-67,5	100,0	90,0	150,0	340,0	272,1360	Powerlifting Rieti
Barjaoui Mohamed	1966	85,9	0,6545	-90	0,0	145,0	0,0	0,0	0,0000	Brunazzi Reggio E.
Favorito Alessandro	1965	90,0	0,6384	-90	290,0	0,0	0,0	0,0	0,0000	Power Club Terni
Master 2										
Agostinoni Giorgio	1958	81,6	0,6744	-82,5	260,0	145,0	265,0	670,0	451,8480	Roma N. P.
Venuto Salvatore	1957	82,0	0,6724	-82,5	240,0	190,0	225,0	655,0	440,4220	Forma Club Monza
Coppari Noriano	1951	74,8	0,7139	-75	220,0	150,0	230,0	600,0	428,3400	Power Club Terni
Giummarra Franco	1950	57,2	0,8919	-60	195,0	75,0	205,0	475,0	423,6525	Forma Club Monza
Andreatta Piero	1950	80,7	0,679	-82,5	252,5	87,5	232,5	572,5	388,7275	Body Planet Trento
De Carli Carlo	1957	86,9	0,6503	-90	210,0	110,0	252,5	572,5	372,2968	Body Planet Trento
Rossi Sandro	1952	88,8	0,6428	-90	0,0	0,0	0,0	0,0	0,0000	Lazio Powerlifting
Zangari Giuseppe	1952	104,0	0,5996	-110	230,0	0,0	230,0	0,0	0,0000	Dark Side Cuneo
Master 3										
Zanetti Sergio	1945	74,7	0,7146	-75	210,0	115,0	215,0	540,0	385,8840	Body Planet Trento



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Wilks Categorie Età Maschili

Atleta	Anno N.	P P	Coeff	Cat	Squat	Panca	Stacco	Tot	Wilks	Società
Senior										
Crisafi Silvio	1980	108,9	0,5903	-110	310,0	290,0	300,0	900,0	531,2700	Power Club Terni
Pellizzoni Francesco	1977	132,1	0,564	+125	400,0	200,0	325,0	925,0	521,7000	Barbarian's Parma
Voso Cristian	1971	98,0	0,6136	-100	330,0	225,0	280,0	835,0	512,3560	Forma Club Monza
Bomboletti Enrico	1970	107,0	0,5937	-110	310,0	180,0	290,0	780,0	463,0860	Lazio Powerlifting
Corsi Leonardo	1982	74,2	0,7179	-75	250,0	170,0	220,0	640,0	459,4560	Power Club Terni
Pellino Giuseppe	1981	121,4	0,5734	-125	300,0	190,0	300,0	790,0	452,9860	Forma Club Monza
Dell' Aquila Dario	1983	57,0	0,8949	-60	190,0	110,0	200,0	500,0	447,4500	Barbarian's Parma
Morresi Cristiano	1979	66,8	0,7775	-67,5	220,0	130,0	225,0	575,0	447,0625	A.s.d. Ancona
Kumar Sukhwinder	1981	65,7	0,7881	-67,5	200,0	147,5	202,5	550,0	433,4550	A.s.d. Brescia
Bertolini Alan	1983	77,4	0,6975	-82,5	230,0	120,0	260,0	610,0	425,4750	Barbarian's Parma
Palmisano Francisco	1976	74,0	0,7193	-75	220,0	140,0	230,0	590,0	424,3870	Forma Club Monza
Tarchi Daniele	1981	56,0	0,9103	-56	162,5	100,0	195,0	457,5	416,4623	Power Club Terni
Mastrogiovanni Antonio	1981	80,4	0,6806	-82,5	210,0	140,0	210,0	560,0	381,1360	Forma Club Monza
Ronsisvalle Mario	1980	74,3	0,7173	-75	190,0	125,0	215,0	530,0	380,1690	Roma N. P.
Monti Marco	1979	118,8	0,5763	-125	220,0	195,0	240,0	655,0	377,4765	Barbarian's Parma
Romano Valerio	1984	67,0	0,7756	-67,5	190,0	95,0	190,0	475,0	368,4100	Joy Planet P. Santa
Frassinetti Antonio	1979	97,9	0,6139	-100	230,0	140,0	220,0	590,0	362,2010	Popeye Livorno
Brivio Luigi	1976	102,9	0,6019	-110	220,0	140,0	225,0	585,0	352,1115	Forma Club Monza
Mondo Andrea	1976	88,2	0,6451	-90	200,0	110,0	235,0	545,0	351,5795	Dark Side Cuneo
Facciponte Marcello	1975	75,0	0,7126	-75	80,0	195,0	170,0	445,0	317,1070	A.s.d. Canicatti
Dealbi Davide	1975	80,9	0,6779	-82,5	145,0	110,0	200,0	455,0	308,4445	Barbarian's Parma
Imbalzano Paolo	1978	57,6	0,8859	-60	0,0	135,0	160,0	0,0	0,0000	A.s.d. Ancona
D'alessandro Giuseppe	1982	66,7	0,7785	-67,5	0,0	0,0	0,0	0,0	0,0000	Roma N. P.
Porcari Andrea	1970	71,6	0,7367	-75	0,0	0,0	0,0	0,0	0,0000	A.s.d. Brescia
Ghignoli Daniele	1977	82,2	0,6714	-82,5	260,0	0,0	0,0	0,0	0,0000	Popeye Livorno
Agus Rudy	1974	81,7	0,6739	-82,5	270,0	0,0	300,0	0,0	0,0000	Lazio Powerlifting
Frassinetti Gabriele	1979	89,9	0,6388	-90	210,0	0,0	0,0	0,0	0,0000	Popeye Livorno
Silvas Alessandro	1972	87,9	0,6463	-90	270,0	0,0	275,0	0,0	0,0000	Lazio Powerlifting
Bottazzi Carlo	1976	104,0	0,5996	-110	0,0	0,0	0,0	0,0	0,0000	Dark Side Cuneo
Bassini Andrea	1973	120,8	0,574	-125	125,0	0,0	0,0	0,0	0,0000	Popeye Livorno
Cadin Fabiano	1970	82,8	0,6685	-90	205,0	0,0	240,0	0,0	0,0000	Body Planet Trento



Gara: 27° Campionato Italiano Assoluto Powerlifting

Luogo: Villazzano (Tn) Data: 25-26 Aprile 2009

Wilks Categorie Età Maschili

Atleta	Anno N.	P P	Coeff	Cat	Squat	Panca	Stacco	Tot	Wilks	Società
Stranieri										
Saidek Maikel	1983	123,8	0,571	-125	340,0	200,0	270,0	810,0	462,5100	Forma Club Monza
Sub Junior										
Accardo Gianpiero	1992	88,2	0,6451	-90	205,0	80,0	245,0	530,0	341,9030	Body Planet Trento
Campaner Antonio	1991	81,8	0,6734	-82,5	150,0	100,0	200,0	450,0	303,0300	Body Planet Trento



Gara: 27° Campionato Italiano Assoluto Powerlifting

Luogo: Villazzano (Tn)

Data: 25-26 Aprile 2009

Assoluto Maschile

Atleta	Anno	N. P P	Coeff	Cat	Cat Età	Squat	Panca	Stacco	Tot	Wilks	Società
Ghirardi Daniele	1969	89,2	0,6413	-90	Master 1	320,0	220,0	320,0	860,0	551,5180	A.s.d. Brescia
Crisafi Silvio	1980	108,9	0,5903	-110	Senior	310,0	290,0	300,0	900,0	531,2700	Power Club Terni
Pellizzoni Francesco	1977	132,1	0,564	+125	Senior	400,0	200,0	325,0	925,0	521,7000	Barbarian's Parma
D' Ovidio Claudio	1969	100,0	0,6086	-100	Master 1	352,5	235,0	255,0	842,5	512,7455	Lazio Powerlifting
Voso Cristian	1971	98,0	0,6136	-100	Senior	330,0	225,0	280,0	835,0	512,3560	Forma Club Monza
Bettati Stefano	1968	85,5	0,6562	-90	Master 1	280,0	170,0	300,0	750,0	492,1500	Barbarian's Parma
Bomboletti Enrico	1970	107,0	0,5937	-110	Senior	310,0	180,0	290,0	780,0	463,0860	Lazio Powerlifting
Saidek Maikel	1983	123,8	0,571	-125	Stranieri	340,0	200,0	270,0	810,0	462,5100	Forma Club Monza
Corsi Leonardo	1982	74,2	0,7179	-75	Senior	250,0	170,0	220,0	640,0	459,4560	Power Club Terni
Pellino Giuseppe	1981	121,4	0,5734	-125	Senior	300,0	190,0	300,0	790,0	452,9860	Forma Club Monza
Agostinoni Giorgio	1958	81,6	0,6744	-82,5	Master 2	260,0	145,0	265,0	670,0	451,8480	Roma N. P.
Criscione Pier Giorgio	1961	82,5	0,6699	-82,5	Master 1	250,0	140,0	281,0	671,0	449,5029	Body Planet Trento
Dell' Aquila Dario	1983	57,0	0,8949	-60	Senior	190,0	110,0	200,0	500,0	447,4500	Barbarian's Parma
Morresi Cristiano	1979	66,8	0,7775	-67,5	Senior	220,0	130,0	225,0	575,0	447,0625	A.s.d. Ancona
Venuto Salvatore	1957	82,0	0,6724	-82,5	Master 2	240,0	190,0	225,0	655,0	440,4220	Forma Club Monza
Zampa Stefano	1986	73,1	0,7256	-75	Junior	205,0	160,0	235,0	600,0	435,3600	Forma Club Monza
Kumar Sukhwinder	1981	65,7	0,7881	-67,5	Senior	200,0	147,5	202,5	550,0	433,4550	A.s.d. Brescia
Coppari Noriano	1951	74,8	0,7139	-75	Master 2	220,0	150,0	230,0	600,0	428,3400	Power Club Terni
Bertolini Alan	1983	77,4	0,6975	-82,5	Senior	230,0	120,0	260,0	610,0	425,4750	Barbarian's Parma
Palmisano Francisco	1976	74,0	0,7193	-75	Senior	220,0	140,0	230,0	590,0	424,3870	Forma Club Monza
Giummarra Franco	1950	57,2	0,8919	-60	Master 2	195,0	75,0	205,0	475,0	423,6525	Forma Club Monza
Tarchi Daniele	1981	56,0	0,9103	-56	Senior	162,5	100,0	195,0	457,5	416,4623	Power Club Terni
Marazzini Riccardo	1990	74,6	0,7152	-75	Junior	210,0	135,0	235,0	580,0	414,8160	Power Team Milano
Bettati Roberto	1964	91,3	0,6338	-100	Master 1	250,0	160,0	240,0	650,0	411,9700	Barbarian's Parma
Rollo Riccardo	1986	81,2	0,6764	-82,5	Junior	220,0	135,0	240,0	595,0	402,4580	Barbarian's Parma
Andreatta Piero	1950	80,7	0,679	-82,5	Master 2	252,5	87,5	232,5	572,5	388,7275	Body Planet Trento
Fulvi Fabiano	1969	92,0	0,6315	-100	Master 1	210,0	155,0	250,0	615,0	388,3725	Joy Planet P. Santa
Zanetti Sergio	1945	74,7	0,7146	-75	Master 3	210,0	115,0	215,0	540,0	385,8840	Body Planet Trento
Liuzzi Piero	1987	103,1	0,6015	-110	Junior	220,0	165,0	250,0	635,0	381,9525	Power Team Milano
Mastrogiovanni Antonio	1981	80,4	0,6806	-82,5	Senior	210,0	140,0	210,0	560,0	381,1360	Forma Club Monza



Gara: 27° Campionato Italiano Assoluto Powerlifting

Luogo: Villazzano (Tn)

Data: 25-26 Aprile 2009

Assoluto Maschile

Atleta	Anno	N. P P	Coeff	Cat	Cat Età	Squat	Panca	Stacco	Tot	Wilks	Società
Ronsisvalle Mario	1980	74,3	0,7173	-75	Senior	190,0	125,0	215,0	530,0	380,1690	Roma N. P.
Monti Marco	1979	118,8	0,5763	-125	Senior	220,0	195,0	240,0	655,0	377,4765	Barbarian's Parma
De Carli Carlo	1957	86,9	0,6503	-90	Master 2	210,0	110,0	252,5	572,5	372,2968	Body Planet Trento
Barozzi Claudio	1963	87,8	0,6467	-90	Master 1	210,0	145,0	217,5	572,5	370,2358	A.s.d. Brescia
Romano Valerio	1984	67,0	0,7756	-67,5	Senior	190,0	95,0	190,0	475,0	368,4100	Joy Planet P. Santa
Formicola Fabio	1963	82,5	0,6699	-82,5	Master 1	200,0	195,0	150,0	545,0	365,0955	Lazio Powerlifting
Frassinetti Antonio	1979	97,9	0,6139	-100	Senior	230,0	140,0	220,0	590,0	362,2010	Popeye Livorno
Brivio Luigi	1976	102,9	0,6019	-110	Senior	220,0	140,0	225,0	585,0	352,1115	Forma Club Monza
Mondo Andrea	1976	88,2	0,6451	-90	Senior	200,0	110,0	235,0	545,0	351,5795	Dark Side Cuneo
Accardo Gianpiero	1992	88,2	0,6451	-90	Sub Junior	205,0	80,0	245,0	530,0	341,9030	Body Planet Trento
Rigoni Marco	1987	88,3	0,6447	-90	Junior	190,0	92,5	230,0	512,5	330,4088	Power Club Terni
Pomarico Gianluca	1990	79,0	0,6882	-82,5	Junior	160,0	110,0	210,0	480,0	330,3360	Forma Club Monza
Facciponte Marcello	1975	75,0	0,7126	-75	Senior	80,0	195,0	170,0	445,0	317,1070	A.s.d. Canicatti
Dealbi Davide	1975	80,9	0,6779	-82,5	Senior	145,0	110,0	200,0	455,0	308,4445	Barbarian's Parma
Campaner Antonio	1991	81,8	0,6734	-82,5	Sub Junior	150,0	100,0	200,0	450,0	303,0300	Body Planet Trento
Di Franco Angelo	1987	60,0	0,8529	-60	Junior	60,0	150,0	130,0	340,0	289,9860	A.s.d. Canicatti
Petrongari Paolo	1966	64,5	0,8004	-67,5	Master 1	100,0	90,0	150,0	340,0	272,1360	Powerlifting Rieti
Imbalzano Paolo	1978	57,6	0,8859	-60	Senior	0,0	135,0	160,0	0,0	0,0000	A.s.d. Ancona
D'alessandro Giuseppe	1982	66,7	0,7785	-67,5	Senior	0,0	0,0	0,0	0,0	0,0000	Roma N. P.
Porcari Andrea	1970	71,6	0,7367	-75	Senior	0,0	0,0	0,0	0,0	0,0000	A.s.d. Brescia
Ghignoli Daniele	1977	82,2	0,6714	-82,5	Senior	260,0	0,0	0,0	0,0	0,0000	Popeye Livorno
Agus Rudy	1974	81,7	0,6739	-82,5	Senior	270,0	0,0	300,0	0,0	0,0000	Lazio Powerlifting
Frassinetti Gabriele	1979	89,9	0,6388	-90	Senior	210,0	0,0	0,0	0,0	0,0000	Popeye Livorno
Barjaoui Mohamed	1966	85,9	0,6545	-90	Master 1	0,0	145,0	0,0	0,0	0,0000	Brunazzi Reggio E.
Silvas Alessandro	1972	87,9	0,6463	-90	Senior	270,0	0,0	275,0	0,0	0,0000	Lazio Powerlifting
Rossi Sandro	1952	88,8	0,6428	-90	Master 2	0,0	0,0	0,0	0,0	0,0000	Lazio Powerlifting
Favorito Alessandro	1965	90,0	0,6384	-90	Master 1	290,0	0,0	0,0	0,0	0,0000	Power Club Terni
Bottazzi Carlo	1976	104,0	0,5996	-110	Senior	0,0	0,0	0,0	0,0	0,0000	Dark Side Cuneo
Zangari Giuseppe	1952	104,0	0,5996	-110	Master 2	230,0	0,0	230,0	0,0	0,0000	Dark Side Cuneo
Bassini Andrea	1973	120,8	0,574	-125	Senior	125,0	0,0	0,0	0,0	0,0000	Popeye Livorno



Gara: 27° Campionato Italiano Assoluto Powerlifting

Luogo: Villazzano (Tn) **Data:** 25-26 Aprile 2009

Assoluto Maschile

Atleta	Anno N.	P P	Coeff	Cat	Cat Età	Squat	Panca	Stacco	Tot	Wilks	Società
Cadin Fabiano	1970	82,8	0,6685	-90	Senior	205,0	0,0	240,0	0,0	0,0000	Body Planet Trento



Gara:

Luogo:

Data:

Records Assoluti Powerlifting Maschile:

Atleta	Cat	Squat	Panca	Stacco	Tot
Junior					
Di Franco Angelo	-60		150,0		
Zampa Stefano	-75		160,0		
Master 1					
Criscione Pier Giorgio	-82,5			281,0	
Formicola Fabio	-82,5		195,0		
Ghirardi Daniele	-90	320,0	220,0	320,0	
D' Ovidio Claudio	-100	352,5	235,0		
Master 2					
Venuto Salvatore	-82,5		190,0		
Senior					
Pellizzoni Francesco	+125	400,0			
Facciponte Marcello	-75		195,0		
Crisafi Silvio	-110		290,0		
Sub Junior					
Campaner Antonio	-82,5	150,0	100,0	200,0	
Accardo Gianpiero	-90	205,0		245,0	



Gara: 27° Campionato Italiano Assoluto Powerlifting

Luogo: Villazzano (Tn)

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Categorie Femminili Clss. Finale

Atleta	A.	N.	P	P	Coef	Sq1	Sq2	Sq3	Bsq	P	Pa1	Pa2	Pa3	Bpa	P	Sbt	St1	St2	St3	Bst	P	Tot	Wilks	C.e	Società	
-52																										
1	Rodina Alessia	1975	51,4	1,2578	135,0	-145,0	145,0	145,0	1	65,0	67,5	-70,0	67,5	2	212,5	135,0	145,0	-150,0	145,0	1	357,5	449,6635	Se	Forma Club Monza		
2	Salemme Maria Pia	1975	51,2	1,2616	130,0	-135,0	137,5	137,5	2	62,5	-65,0	-65,0	62,5	3	200,0	140,0	-150,0	-150,0	140,0	2	340,0	428,9440	Se	Roma N. P.		
3	Saddi Stefania	1980	51,6	1,2541	115,0	120,0	-125,0	120,0	3	-67,5	-67,5	67,5	67,5	1	187,5	125,0	130,0	-135,0	130,0	3	317,5	398,1768	Se	Lazio Powerlifting		
-56																										
1	Stucchi Emanuela	1966	52,3	1,2411	130,0	-137,0	137,5	137,5	1	65,0	67,5	70,0	70,0	1	207,5	140,0	150,0	155,0	155,0	1	362,5	449,8988	M1	Forma Club Monza		
2	Masci Manuela	1979	55,8	1,1799	95,0	102,5	-107,5	102,5	3	55,0	60,0	-62,5	60,0	3	162,5	110,0	120,0	127,5	127,5	2	290,0	342,1710	Se	Lazio Powerlifting		
3	Pazzaglia Veronica	1977	52,1	1,2448	-105,0	105,0	-115,0	105,0	2	57,5	-62,5	62,5	62,5	2	167,5	110,0	120,0	-125,0	120,0	4	287,5	357,8800	Se	Joy Planet P. Santa		
4	Raineri Daniela	1979	52,2	1,2429	90,0	-100,0	-100,0	90,0	4	45,0	-50,0	50,0	50,0	4	140,0	115,0	125,0	-130,0	125,0	3	265,0	329,3685	Se	Dark Side Cuneo		
-60																										
1	Locatelli Laura	1957	58,6	1,1355	115,0	130,0	140,0	140,0	1	65,0	70,0	72,5	72,5	1	212,5	150,0	170,0	-185,0	170,0	1	382,5	434,3288	M2	Power Team Milano		
2	Cazzaniga Emanuela	1976	58,5	1,1371	110,0	120,0	-125,0	120,0	2	65,0	-67,5	-67,5	65,0	2	185,0	145,0	-155,0	-155,0	145,0	2	330,0	375,2430	Se	Forma Club Monza		
-67,5																										
1	Orsini Antonietta	1964	66,6	1,0306	200,0	0,0	0,0	200,0	1	140,0	-147,5	0,0	140,0	1	340,0	190,0	200,0	0,0	200,0	1	540,0	556,5240	M1	Lazio Powerlifting		
2	Aquili Alessia	1980	65,7	1,0408	130,0	140,0	145,0	145,0	2	55,0	60,0	-65,0	60,0	2	205,0	140,0	150,0	0,0	150,0	2	355,0	369,4840	Se	Power Club Terni		
-75																										
1	Galimberti Barbara	1970	70,0	0,9948	150,0	160,0	-170,0	160,0	1	95,0	100,0	105,0	105,0	1	265,0	150,0	-160,0	-160,0	150,0	1	415,0	412,8420	Se	Forma Club Monza		
-82,5																										
1	Moscianese Maria Pia	1963	76,6	0,9384	145,0	150,0	160,0	160,0	1	70,0	75,0	80,0	80,0	1	240,0	160,0	175,0	190,0	190,0	1	430,0	403,5120	M1	Lazio Powerlifting		

Firma Verbale Gara:

Capo Pedana

Laterale

Laterale



Gara: 27° Campionato Italiano Assoluto Powerlifting

Luogo: Villazzano (Tn)

Data: 25-26 Aprile 2009

Wilks Categorie Età Femminili

Atleta	Anno N.	P P	Coeff	Cat	Squat	Panca	Stacco	Tot	Wilks	Società
Master 1										
Orsini Antonietta	1964	66,6	1,0306	-67,5	200,0	140,0	200,0	540,0	556,5240	Lazio Powerlifting
Stucchi Emanuela	1966	52,3	1,2411	-56	137,5	70,0	155,0	362,5	449,8988	Forma Club Monza
Moscianese Maria Pia	1963	76,6	0,9384	-82,5	160,0	80,0	190,0	430,0	403,5120	Lazio Powerlifting
Master 2										
Locatelli Laura	1957	58,6	1,1355	-60	140,0	72,5	170,0	382,5	434,3288	Power Team Milano
Senior										
Rodina Alessia	1975	51,4	1,2578	-52	145,0	67,5	145,0	357,5	449,6635	Forma Club Monza
Salemme Maria Pia	1975	51,2	1,2616	-52	137,5	62,5	140,0	340,0	428,9440	Roma N. P.
Galimberti Barbara	1970	70,0	0,9948	-75	160,0	105,0	150,0	415,0	412,8420	Forma Club Monza
Saddi Stefania	1980	51,6	1,2541	-52	120,0	67,5	130,0	317,5	398,1768	Lazio Powerlifting
Cazzaniga Emanuela	1976	58,5	1,1371	-60	120,0	65,0	145,0	330,0	375,2430	Forma Club Monza
Aquili Alessia	1980	65,7	1,0408	-67,5	145,0	60,0	150,0	355,0	369,4840	Power Club Terni
Pazzaglia Veronica	1977	52,1	1,2448	-56	105,0	62,5	120,0	287,5	357,8800	Joy Planet P. Santa
Masci Manuela	1979	55,8	1,1799	-56	102,5	60,0	127,5	290,0	342,1710	Lazio Powerlifting
Raineri Daniela	1979	52,2	1,2429	-56	90,0	50,0	125,0	265,0	329,3685	Dark Side Cuneo



Gara: 27° Campionato Italiano Assoluto Powerlifting

Luogo: Villazzano (Tn)

Data: 25-26 Aprile 2009

Assoluto Femminile

Atleta	Anno	N. P P	Coeff	Cat	Cat Età	Squat	Panca	Stacco	Tot	Wilks	Società
Orsini Antonietta	1964	66,6	1,0306	-67,5	Master 1	200,0	140,0	200,0	540,0	556,5240	Lazio Powerlifting
Stucchi Emanuela	1966	52,3	1,2411	-56	Master 1	137,5	70,0	155,0	362,5	449,8988	Forma Club Monza
Rodina Alessia	1975	51,4	1,2578	-52	Senior	145,0	67,5	145,0	357,5	449,6635	Forma Club Monza
Locatelli Laura	1957	58,6	1,1355	-60	Master 2	140,0	72,5	170,0	382,5	434,3288	Power Team Milano
Salemme Maria Pia	1975	51,2	1,2616	-52	Senior	137,5	62,5	140,0	340,0	428,9440	Roma N. P.
Galimberti Barbara	1970	70,0	0,9948	-75	Senior	160,0	105,0	150,0	415,0	412,8420	Forma Club Monza
Moscianese Maria Pia	1963	76,6	0,9384	-82,5	Master 1	160,0	80,0	190,0	430,0	403,5120	Lazio Powerlifting
Saddi Stefania	1980	51,6	1,2541	-52	Senior	120,0	67,5	130,0	317,5	398,1768	Lazio Powerlifting
Cazzaniga Emanuela	1976	58,5	1,1371	-60	Senior	120,0	65,0	145,0	330,0	375,2430	Forma Club Monza
Aquili Alessia	1980	65,7	1,0408	-67,5	Senior	145,0	60,0	150,0	355,0	369,4840	Power Club Terni
Pazzaglia Veronica	1977	52,1	1,2448	-56	Senior	105,0	62,5	120,0	287,5	357,8800	Joy Planet P. Santa
Masci Manuela	1979	55,8	1,1799	-56	Senior	102,5	60,0	127,5	290,0	342,1710	Lazio Powerlifting
Raineri Daniela	1979	52,2	1,2429	-56	Senior	90,0	50,0	125,0	265,0	329,3685	Dark Side Cuneo



Gara:

Luogo:

Data:

Records Assoluti Powerlifting Femminile:

Atleta	Cat	Squat	Panca	Stacco	Tot
Master 1					
Moscianese Maria Pia	-82,5		80,0		



Gara: 27° Campionato Italiano Assoluto Powerlifting

Luogo: Villazzana (Tn)

Data: 25-26 Aprile 2009

Classifica Società

Pos	Società	Città	1° Pt	2° Pt	3° Pt	4° Pt	5° Pt	Olt Pt	Tot Pt
1	Forma Club	Monza	4 40	2 16					56
2	S. S. Lazio Powerlifting	Roma	3 30	2 16	1 6				52
3	Barbarian's Power Club	Parma	2 20	2 16	1 6	1 4			46
4	Power Club	Terni	3 30	1 8	1 6			1 1	45
5	A.s.d. Athletic Center	Brescia	1 10	1 8		1 4			22
6	Body Planet	Trento	1 10		1 6			4 4	20
7	Power Team	Milano	1 10		1 6		1 2		18
8	A. S. Roma Natural Powerlifting	Roma		2 16				1 1	17
9	Joy Planet	Pietrasanta			2 12	1 4			16
10	A.s.d. Sport & Salute	Ancona	1 10						10
11	A.s.d. Palestra Olimpica	Canicattì			1 6			1 1	7
12	Dark Side Of The Power	Cuneo				1 4	1 2		6
13	Powerlifting Mania	Rieti				1 4			4
14	Popeye Club	Livorno					1 2		2
	Power Gym	Vittoria							
	Palestra Brunazzi	Reggio Emilia							

N B: La classifica viene stilata in base alla somma dei migliori 6 risultati per ogni società. In caso di parità si terrà conto del maggior numero di 1° posti, se vi fosse ancora parità dei 2° posti e così via fino ai 6° posti, dopodichè vi sarà un aexequo