



FIPL

Federazione Italiana PowerLifting - fondata nel 1983

affiliata



International
Powerlifting
Federation



European
Powerlifting
Federation

XI CAMPIONATO ITALIANO DI PANCA - SAN ZENONE AL LAMBRO (MI) - 04-05.12.2010

CLASSIFICA ATLETI

Pos	Cognome e Nome	Anno di Nascita	Squadra	Peso	Formula Wilks	Num. Cart.	1 Prova	2 Prova	3 Prova	Totale	Punti Wilks	Punti
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- 56 kg

1	Imbalzano Paolo	1978	ASA	55,60	0,9168	28	140,0 ns	147,5	147,5 ns	147,5	135,22	12
2	Rosso Stefano	1986	SAR	53,70	0,9492	29	95,0	100,0	102,5	100,0	94,92	9

- 60 kg

1	D' Alessandro Giovanni	1962	SAR	59,50	0,8594	34	125,0	146,5	146,5	125,0	107,42	12
2	Tarchi Daniele	1981	PCT	56,60	0,9010	33	110,0	115,0	117,5	115,0	103,61	9

- 67,5 kg

1	Pisasale Salvatore	1980	GLM	66,00	0,7852	42	145,0	152,5	157,5	157,5	123,66	12
2	Sukhwinder Kumar	1981	ASB	67,20	0,7738	40	145,0	152,5	160,0	152,5	118,00	9
3	Crescentini Federico	1980	FCM	64,30	0,8025	38	142,5	147,5	152,5	147,5	118,36	8
4	Pozza Christian	1988	FCM	64,40	0,8014	48	130,0	140,0	152,5	140,0	112,19	7
5	Corradini Lorenzo	1984	BAP	67,30	0,7729	49	140,0	140,0	150,0	140,0	108,20	6
6	Madeddu Danilo	1973	SEO	67,00	0,7756	44	125,0	135,0	140,0	135,0	104,70	5
7	Signani Nicola	1981	ASF	64,35	0,8020	46	125,0	130,0	135,0	130,0	104,25	4
8	Zaino Andrea	1981	ASB	66,70	0,7785	43	115,0	120,0	125,0	120,0	93,42	3
9	Sirtori Simone	1981	FCM	66,80	0,7775	41	110,0	120,0	130,0	120,0	93,30	2
10	Pregnotato Federico	1992	SAR	67,10	0,7747	65	110,5 nj	112,5	112,5	110,5	85,60	1
11	Malegori Roberto	1990	FCM	67,20	0,7738	37	105,0	110,0	110,0	110,0	85,11	1
12	Giacco Francesco	1995	GLM	67,10	0,7747	39	95,0	100,0	100,0	100,0	77,47	1

- 75 kg

1	Costanzi Lanno	1969	PCT	73,70	0,7214	56	195,0	200,5 n1/n2	#	200,5	144,64	12
2	De Giovanni Niccolò	1991	GLM	71,30	0,7390	58	145,0	150,0	155,0	150,0	110,85	9
3	Sulpizi Davide	1965	SPR	73,10	0,7256	54	135,0	140,0	145,0	140,0	101,58	8
4	Matarrese Antonio	1988	PCT	74,70	0,7146	60	120,0	130,0	135,0	130,0	92,89	7
5	Masala Alessio	1984	SAR	72,70	0,7285	67	112,5	117,5	122,5	122,5	89,24	6
6	Parolini Andrea	1989	FCM	71,80	0,7352	55	115,0	122,5	125,0	115,0	84,54	5
7	Carcano Mauro	1977	GLM	73,90	0,7200	53	100,0	107,5	115,0	115,0	82,80	4
—	Pelizzari Davide	1956	ASF	67,60	0,7701	64	125,0	125,0	125,0	—	Out	0
—	Cilia Rosario	1986	PGV	71,50	0,7375	69	135,0	135,0	135,0	—	Out	0
—	Facciponte Marcello	1975	POC	74,80	0,7139	59	190,0	190,0	207,5	—	Out	0



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- 82,5 kg

1	Zannini Simone	1971	FCM	81,50	0,6749	61	220,0	235,0	#	220,0		148,47	12
2	Venuto Salvatore	1957	FCM	81,80	0,6734	73	170,0	180,0	180,0	170,0		114,47	9
3	Di Stefano Roberto	1981	SCS	78,90	0,6888	74	157,5	162,5	167,5	167,5		115,37	8
4	Casciati Massimiliano	1980	SPR	79,80	0,6838	77	135,0	140,0	145,0	135,0		92,31	7
5	Zangari Fabrizio	1992	DSC	79,80	0,6838	78	110,0	115,0	122,5 nsJ	122,5		83,76	6
6	Zanetti Sergio	1945	BPT	79,70	0,6843	63	112,5	115,0	120,0 n3	120,0		82,11	5
7	Cilia Giovanni	1983	PGV	79,90	0,6832	100	115,0	145,0	145,0	115,0		78,56	4
8	Calcagno Mattia	1988	FCM	80,80	0,6785	94	90,0	100,0	110,0	100,0		67,85	3
9	Cilia Massimo	1985	PGV	81,20	0,6764	80	100,0	115,0	115,0	100,0		67,64	2
10	Sebben Diego	1992	FCM	79,20	0,6871	82	95,0	105,0	115,5	95,0		65,27	1
—	Marazzini Riccardo	1990	GLM	80,80	0,6785	76	160,0	160,0	170,0	—	Out	—	0
—	Vallati Daniele	1979	GLM	79,40	0,6860	104	140,0	145,0	150,0	145,0	Fg	99,47	0
—	Pal kumar	1982	GLM	81,10	0,6769	79	110,0	120,0	120,0	110	Stran	74,46	0

- 90 kg

1	Liguori Gennaro	1983	DMT	86,70	0,6511	96	195,0	195,0	195,0	195,0		126,96	12
2	Fiori Lorenzo	1974	ASB	88,90	0,6424	109	177,5	182,5	187,5	187,5		120,45	9
3	Vignale Simone	1990	PCP	86,80	0,6507	101	170,0	175,0	177,5	177,5		115,49	8
4	Marazzini Alessio	1980	GLM	88,10	0,6455	88	165,0	170,0	172,5	172,5		111,34	7
5	Di Bertì Davide	1986	DSC	86,10	0,6536	90	162,5	170,0	170,0	170,0		111,11	6
6	Degiampietro Michele	1969	BPT	88,70	0,6432	120	140,0	150,0	160,0	160,0		102,91	5
7	Natale Giancarlo	1982	FCM	85,40	0,6566	87	145,0	155,0	160,0	155,0		101,77	4
8	Di Rocco Luciano	1951	SPR	83,20	0,6665	81	110,0	120,0	130,0	130,0		86,64	3
9	La Monica Tindaro	1956	GLM	83,70	0,6642	84	130,0	137,5	137,5	130,0		86,34	2
10	Morghese Castrenzio	1945	DMT	87,60	0,6475	93	130,0	140,0	150,0	130,0		84,17	1
11	Rossi Sandro	1952	LPR	90,00	0,6384	98	130,0	135,0	#	130,0		82,99	1
12	Portugalli Claudio	1957	FCM	86,90	0,6503	85	120,0	130,0	130,0	120,0		78,03	1
13	Grzelczak Piotr	1979	SPR	85,90	0,6545	103	90,0	92,5	92,5	92,5		60,54	1
14	Lauretta Salvatore	1993	PGV	87,80	0,6467	57	90,0	115,0	115,0	90,0		58,20	1
—	Salvagio Daniele	1963	DMT	87,30	0,6487	89	220,0	220,0	220,0	—	Out	—	0
—	Smecca Rosario	1972	PGV	88,40	0,6444	92	200,0	200,0	200,0	—	Out	—	0
—	Pal Rajinder	1979	GLM	89,70	0,6395	86	115,0	122,5	122,5	115	Stran	73,54	0

- 100 kg

1	Foroni Antonio	1974	GLM	98,00	0,6136	111	230,0	230,0	235,0	230,0		141,12	12
2	Marrone Achille	1962	PPP	95,40	0,6209	116	220,0	225,0	230,0	225,0		139,70	9
3	Voso Cristian	1971	FCM	99,00	0,6111	119	220,0	230,0	230,0	220,0		134,44	8
4	Sanges Gino	1979	FCM	95,50	0,6206	118	200,0	210,0	210,0	200,0		124,12	7
5	Nicolini Davide	1988	FCM	94,30	0,6241	114	175,0	180,0	190,0	190,0		118,57	6
6	Bennici Carmelo	1984	PGV	98,80	0,6116	115	170,0	180,0	180,0	180,0		110,08	5
7	Barozzi Claudio	1963	ASB	95,30	0,6211	122	170,0	175,0	182,5	175,0		108,69	4
8	Vai Alberto	1964	SAR	95,40	0,6209	124	130,0	130,0	140,0	130,0		80,71	3
9	Giambrone Fabio	1983	SCS	97,20	0,6158	113	105,0	110,0	110,0	105,0		64,65	2
—	Tanzini Riccardo	1984	GLM	92,90	0,6285	91	180,0	190,0	195,0	—	Out	—	0
—	Rolla Maurizio	1954	PCL	98,20	0,6131	123	173,0	173,0	173,0	—	Out	—	0



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- 110 kg

1	D'Ovidio Claudio	1969	LPR	105,30	0,5970	110	237,5	245,0	253,0 n1	253,0		151,04	12
2	Pelizza Francesco	1986	BAP	110,00	0,5885	134	200,0	212,5	217,5	217,5		127,99	9
3	Bellandi Gianluca	1976	ASB	108,60	0,5909	117	210,0	220,0	220,0	210,0		124,08	8
4	Scorza Manlio	1981	POC	102,20	0,6035	135	205,0	215,0	215,0	205,0		123,71	7
5	Brivio Luigi	1976	FCM	107,50	0,5928	128	180,0	190,0	190,0	190,0		112,63	6
6	Liuzzi Piero	1987	GLM	101,00	0,6062	129	185,0	191,0	191,0	185,0		112,14	5
7	Sudano Francesco	1979	SCS	103,40	0,6009	130	155,0	160,0	160,0	155,0		93,13	4
—	Mazzucco Salvatore	1944	OFA	105,00	0,5976	132	145,0	145,0	145,0	—	Out	—	0
—	Pelizzoni Francesco	1977	BAP	109,60	0,5892	125	220,0	220,0	220,0	—	Out	—	0
—	Duczynski Rafal	1986	ASB	102,20	0,6035	131	220,0	220,0	220,0	—	Stran	—	0
—	Van Der Ven Ad	1973	HOL	108,10	0,5917	136	250,0	250,0	255,0	—	Stran	—	0

- 125 kg

1	Monti Marco	1979	BAP	122,20	0,5726	144	202,5	210,0	220,0	210,0		120,24	12
2	Di Martino Mattia	1988	LPR	120,80	0,5740	141	192,5	197,5	200,5 nj	200,5		115,08	9
3	La Sala Giuseppe	1992	DMT	119,90	0,5750	75	150,0	160,0 nsj	170,0	160,0		92,00	8
—	Gismondi Renato	1960	PCP	120,90	0,5739	142	225,0	225,0	230,0	—	Out	—	0

125+ kg

1	Scorsone Alessandro	1974	POC	132,20	0,5639	143	260,0	260,0	260,0	260,0		146,61	12
2	Randazzo Claudio	1978	DSC	130,70	0,5651	140	220,0	230,0	#	220,0		124,32	9
3	Sgaramella Massimo	1977	PCT	156,40	0,5500	149	190,0	205,0	215,0	205,0		112,75	8
4	Marino Andrea	1973	PPP	130,80	0,5650	148	130,0	140,0	150,0	150,0		84,75	7

Squadre (Punti)

1	FORMA CLUB MONZA	51	[12+9+8+8+7+7]
2	GLASSPO MILANO	49	[12+12+9+7+5+4]
3	POWER CLUB TERNI	36	[12+9+8+7]
4	ASD BRESCIA	33	[9+9+8+4+3]
5	SEL. ATLETICA PESANTE ROMA	31	[12+9+6+3+1]
6	BARBARIAN'S PARMA	27	[12+9+6]
7	S.S.LAZIO POWERLIFTING ROMA	22	[12+9+1]
8	DANIEL MASTER CLUB TRAPANI	21	[12+8+1]
9	DARK SIDE CUNEO	21	[9+6+6]
10	PALESTRA OLIMPICA CANICATTI	19	[12+7]
11	SPARTAK RIETI	19	[8+7+3+1]
12	PESCARA POWERLIFTING PESCARA	16	[9+7]
13	SUDUS CLAN SOLARO	14	[8+4+2]
14	ASD ANCONA	12	[12]
15	POWER GYM VITTORIA	12	[5+4+2+1]
16	BODY PLANET TRENTO	10	[5+5]
17	POWER CLUB 2008 PONSACCO	8	[8]
18	SEMIRAMIDE OLBIA	5	[5]
19	ASD COCOON FERRARA	4	[4]
—	POPEYE CLUB LIVORNO	—	—
—	NETHERLAND	—	—
—	ASD OLIMPO FITNESS AGRIGENTO	—	—

Best Lifters

Pos.	Atleta	Squadra	Peso	Formula Wilks	Totale	Punti Wilks
1	D'Ovidio Claudio	S.S.LAZIO POWERLIFTING	105,30	0,5970	253,0	151,04
2	Zannini Simone	FORMA CLUB MONZA	81,50	0,6749	220,0	148,47
3	Scorsone Alessandro	PALESTRA OLIMPICA CANI	132,20	0,5639	260,0	146,61

Legenda:

ASA = ASD ANCONA	GLM = GLASSPO MILANO	POC = PALESTRA OLIMPICA CANICATTI
ASB = ASD BRESCIA	HOL = NETHERLAND	PPP = PESCARA POWERLIFTING PESCARA
ASF = ASD COCOON FERRARA	LPR = S.S.LAZIO POWERLIFTING ROMA	SAR = SEL. ATLETICA PESANTE ROMA
BAP = BARBARIAN'S PARMA	OFA = ASD OLIMPO FITNESS AGRIGENTO	SCS = SUDUS CLAN SOLARO
BPT = BODY PLANET TRENTO	PCL = POPEYE CLUB LIVORNO	SEO = SEMIRAMIDE OLBIA
DMT = DANIEL MASTER CLUB TRAPANI	PCP = POWER CLUB 2008 PONSACCO	SPR = SPARTAK RIETI
DSC = DARK SIDE CUNEO	PCT = POWER CLUB TERNI	
FCM = FORMA CLUB MONZA	PGV = POWER GYM VITTORIA	