



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

CLASSIFICA SOCIETÀ FEMMINILE

POS	SOCIETÀ	1°	2°	3°	4°	5°	6°	7°	8°	9°	OI	PUNTI	IPF POINTS
1	VIKINGS VENETO PL -BAONE	2	2	2	0	0	0	0	0	0	0	58	575.0030
2	HYBRID POWERLIFTING - QUISTELLO - MN	1	1	2	0	1	0	0	0	0	1	44	555.7390
3	BARBARIAN'S POWER CLUB	1	1	1	1	0	1	0	1	0	0	44	569.2390
4	S.S. LAZIO POWERLIFTING	1	1	0	2	1	0	0	0	0	1	42	596.9580
5	ASD PRO VIRIBUS-PRATO-	0	0	0	1	1	3	0	1	0	0	31	515.3010
6	STRENGTHLAB	0	0	0	2	0	0	1	0	0	3	21	444.8960
7	STRONG 4REAL ASD - VERONA -	1	0	0	0	1	0	0	0	0	0	18	212.5160
8	PARABELLUM - UNCONQUERED PL ASD	0	1	1	0	0	0	0	0	0	0	17	196.4200
9	ASD ARENA14 POWERLIFTING-MILANO-	1	0	0	0	0	0	0	0	0	1	13	189.8500
10	ITALICA POWERLIFTING - LATINA-	1	0	0	0	0	0	0	0	0	0	12	91.6660
11	HEART OF STEEL POWERLIFTING - ROMA	0	1	0	0	0	0	0	0	0	3	12	347.1200
12	NERD TRAINING CENTER -BOLOGNA-	0	1	0	0	0	0	0	0	0	2	11	228.3380
13	WARRIORS MILANO POWERLIFTING ASD	0	0	1	0	0	0	0	0	1	1	11	243.7900
14	LA FORZA POWER TEAM - REGGIO	0	0	0	1	0	0	1	0	0	0	11	184.1550
15	C.U.S. FERRARA A.S.D.	0	0	0	0	0	0	0	2	1	2	10	390.3100
16	NEFILIM POWERLIFTING - FERRARA-	0	0	1	0	0	0	0	0	0	1	9	126.1020
17	MORE - ROMA -	0	0	0	0	0	1	0	0	1	0	7	157.6920
18	GAR POWERLIFTING - ACQUI TERME -	0	0	0	0	1	0	0	0	0	0	6	87.9160
19	C.U.S. P.O. POWERLIFTING NOVARA	0	0	0	0	0	0	1	0	0	1	5	143.8850

**Legenda: 1° = 12 Punti - 2° = 9 Punti - 3° = 8 Punti - 4° = 7 Punti - 5° = 6 Punti - 6° = 5 Punti - 7° = 4 Punti - 8° = 3 Punti - 9° = 2 Punti
Oltre La Nona Posizione 1 Punto**

N B: La classifica viene stilata in base alla somma dei migliori 6 risultati per ogni società.

In caso di parità si terrà conto del maggior numero di 1° posti, se vi fosse ancora parità dei 2° posti e così via, fino al 9° posto.

Se persistesse ancora parità si terrà conto della somma dei punti IPF.



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20	GOODLIFT MILANO POWERLIFTING ASD	0	0	0	0	0	0	1	0	0	0	4	85.7420
21	FORMA CLUB	0	0	0	0	0	0	0	0	1	0	2	82.4390
22	DRAGONS ASD - GERENZANO - VA-	0	0	0	0	0	0	0	0	0	2	2	145.2590
23	BERGAMO POWERLIFTING	0	0	0	0	0	0	0	0	0	2	2	127.0040
24	ASD ALESSANDRIA POWERLIFTING	0	0	0	0	0	0	0	0	0	2	2	125.5980
25	BULLS TORINO POWERLIFTING	0	0	0	0	0	0	0	0	0	2	2	125.4040
26	CHIAVARI WHITE SHARK POWERLIFTING	0	0	0	0	0	0	0	0	0	1	1	81.0870
27	VITALBA FITNESS CLUB - LECCO -	0	0	0	0	0	0	0	0	0	1	1	79.2390
28	LIONS LIVORNO- PESISTICA ROSIGNANO	0	0	0	0	0	0	0	0	0	1	1	79.1820
29	STRONGWOMAN ASD	0	0	0	0	0	0	0	0	0	1	1	75.0690
30	HEXAGON SYSTEM ASD	0	0	0	0	0	0	0	0	0	1	1	67.3930
31	ASD DISCOVERY ATHLETICS TRIESTE	0	0	0	0	0	0	0	0	0	1	1	66.3890

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N B: La classifica viene stilata in base alla somma dei migliori 6 risultati per ogni società.

In caso di parità si terrà conto del maggior numero di 1° posti, se vi fosse ancora parità dei 2° posti e così via, fino al 9° posto.

Se persistesse ancora parità si terrà conto della somma dei punti IPF.



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

CLASSIFICA CAT. FEMMINILE

POS	ATLETA	SOCIETÀ	A.N.	PESO	CAT. ETÀ	SQ1	SQ2	SQ3	BSQ	PA1	PA2	PA3	BPA	ST1	ST2	ST3	BST	TOT	IPF POINTS
-47																			
1°	MOTTA ANNALISA	ASD ARENA14 POWERLIFTING-MILANO-	1995	46,79	Senior	132,5	137,5	140,0	140,0	80,0	85,0	86,0	86,0	155,0	160,0	166,5	160,0	386,0	107,477
2°	MARI DALIDA	HEART OF STEEL POWERLIFTING - ROMA	1987	47,00	Senior	135,0	140,0	146,0	146,0	80,0	82,5	85,0	82,5	135,0	142,5	145,0	145,0	373,5	103,535
3°	ANGELINI KARIN	WARRIORS MILANO POWERLIFTING ASD	1997	46,95	Senior	125,0	130,0	132,5	125,0	70,0	72,5	75,0	75,0	150,0	157,5	162,5	157,5	357,5	99,204
4°	SCOLARO AMBRA	S.S. LAZIO POWERLIFTING	1994	46,57	Senior	135,0	140,0	145,5	145,5	65,0	70,0	72,5	70,0	132,5	140,0	145,0	140,0	355,5	99,453
5°	PITTI ELENA	STRONG 4REAL ASD - VERONA -	1997	45,73	Senior	115,0	120,0	125,0	125,0	62,5	65,0	67,5	65,0	130,0	140,0	142,5	140,0	330,0	94,045
FG	BARI MICAELA	VITALBA FITNESS CLUB - LECCO -	1994	46,74	Senior	100,0	105,0	110,0	105,0	65,0	65,0	65,0	0,0	115,0	127,5	135,0	115,0	FG	FG
-52																			
1°	MONTANARO COSMIANA	BARBARIAN'S POWER CLUB	2000	51,25	Senior	137,5	142,5	147,5	147,5	72,5	75,0	75,0	72,5	170,0	177,5	185,0	185,0	405,0	103,561
2°	BARBIERI ILARIA	HYBRID POWERLIFTING - QUISTELLO - M	1996	51,80	Senior	135,0	140,0	145,0	145,0	75,0	80,0	82,5	80,0	165,0	172,5	180,0	180,0	405,0	102,605
3°	MAZZARACO SILVIA	PARABELLUM - UNCONQUERED PL ASD	2000	50,82	Senior	132,5	140,0	142,5	142,5	72,5	75,0	77,5	72,5	145,0	155,0	160,0	155,0	370,0	95,317
4°	CICCU ENRICA	STRENGTHLAB	1999	51,93	Senior	130,0	135,0	140,0	140,0	65,0	70,0	70,0	70,0	140,0	147,5	152,5	152,5	362,5	91,640
5°	FILICE MICHELA	S.S. LAZIO POWERLIFTING	1993	51,74	Senior	135,0	142,5	147,5	147,5	65,0	67,5	70,0	67,5	145,0	155,0	160,0	145,0	360,0	91,296
6°	RICCARDI AURORA	MORE - ROMA -	2000	50,98	Senior	120,0	120,0	125,0	120,0	82,5	87,5	87,5	82,5	145,0	155,0	160,0	155,0	357,5	91,841
7°	LAPRAKU ERMINA	LA FORZA POWER TEAM - REGGIO	1988	51,80	Senior	127,5	127,5	132,5	127,5	72,5	75,0	77,5	75,0	145,0	155,0	162,5	155,0	357,5	90,571
8°	TODESCHI MICHELA	BARBARIAN'S POWER CLUB	2000	51,75	Senior	120,0	120,0	127,5	127,5	67,5	72,5	77,5	72,5	135,0	140,0	150,0	140,0	340,0	86,209
9°	CASCIOLA ALESSANDRA	VIKINGS VENETO PL -BAONE	1998	51,94	Senior	120,0	127,5	127,5	127,5	60,0	65,0	67,5	65,0	140,0	145,0	145,0	140,0	332,5	84,042
10°	NUCCI SUSANNA	VIKINGS VENETO PL -BAONE	1996	49,52	Senior	112,5	120,0	125,0	120,0	77,5	82,5	82,5	77,5	110,0	120,0	130,0	130,0	327,5	86,366
11°	DI MATTEO MIRIANA	HEART OF STEEL POWERLIFTING - ROMA	1993	51,39	Senior	115,0	122,5	125,0	125,0	55,0	57,5	60,0	60,0	127,5	137,5	142,5	142,5	327,5	83,545
12°	FRAGANO ERIKA	VIKINGS VENETO PL -BAONE	1998	51,01	Senior	87,5	95,0	100,0	100,0	67,5	72,5	75,0	72,5	142,5	142,5	150,0	150,0	322,5	82,806
13°	GUARRIELLO SARA	ASD PRO VIRIBUS-PRATO-	1995	50,30	Senior	120,0	125,0	130,0	125,0	67,5	70,0	72,5	72,5	105,0	110,0	115,0	115,0	312,5	81,247
14°	FRISI VERONICA	BARBARIAN'S POWER CLUB	1998	51,76	Senior	115,0	122,5	127,5	122,5	70,0	72,5	72,5	70,0	115,0	120,0	127,5	120,0	312,5	79,223
15°	SIMIAND BEATRICE	NERD TRAINING CENTER -BOLOGNA-	1996	50,22	Senior	105,0	110,0	115,0	115,0	60,0	62,5	65,0	62,5	110,0	115,0	120,0	120,0	297,5	77,458
-57																			
1°	NALDI SARA	VIKINGS VENETO PL -BAONE	1998	56,43	Senior	175,0	185,0	192,5	185,0	95,0	100,0	105,0	105,0	205,0	215,0	222,5	215,0	505,0	119,358
2°	ZAGHI ALESSANDRA	VIKINGS VENETO PL -BAONE	1995	57,00	Senior	130,0	137,5	145,0	145,0	72,5	77,5	80,0	80,0	177,5	192,5	197,5	197,5	422,5	99,104



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POS	ATLETA	SOCIETÀ	A.N.	PESO	CAT. ETÀ	SQ1	SQ2	SQ3	BSQ	PA1	PA2	PA3	BPA	ST1	ST2	ST3	BST	TOT	IPF POINTS
3°	OFFIDANI ELENA	BARBARIAN'S POWER CLUB	1998	56,17	Senior	152,5	157,5	162,5	162,5	97,5	102,5	102,5	97,5	150,0	160,0	170,0	160,0	420,0	99,619
4°	MANCINI SABRINA	S.S. LAZIO POWERLIFTING	1994	56,85	Senior	142,5	150,0	155,0	150,0	80,0	82,5	85,0	85,0	165,0	177,5	182,5	177,5	412,5	96,950
5°	FUMAGALLI LARA	ASD PRO VIRIBUS-PRATO-	1989	56,07	Senior	145,0	152,5	157,5	157,5	75,0	80,0	82,5	80,0	162,5	172,5	182,5	172,5	410,0	97,380
6°	BIANCO DIANA	ASD PRO VIRIBUS-PRATO-	1989	56,92	Senior	132,5	140,0	145,0	145,0	72,5	75,0	77,5	75,0	140,0	147,5	152,5	147,5	367,5	86,294
7°	CAPOZUCCHI BENEDETTA	VIKINGS VENETO PL -BAONE	1994	56,97	Senior	130,0	137,5	142,5	137,5	75,0	75,0	80,0	75,0	152,5	160,0	160,0	152,5	365,0	85,650
8°	CAMPION ALICE	C.U.S. FERRARA A.S.D.	1991	56,35	Senior	117,5	125,0	130,0	130,0	57,5	60,0	60,0	57,5	152,5	157,5	165,0	165,0	352,5	83,405
9°	ROMAGNOLI SARA	C.U.S. FERRARA A.S.D.	1996	56,42	Senior	110,0	115,0	120,0	115,0	70,0	72,5	72,5	70,0	157,5	162,5	167,5	167,5	352,5	83,326
10°	CAMEROTTO ANGELA	HEART OF STEEL POWERLIFTING - ROMA	1995	55,64	Senior	115,0	120,0	125,0	125,0	70,0	70,0	75,0	70,0	137,5	145,0	150,0	150,0	345,0	82,431
11°	BATTIATO VIVIANA	ASD ARENA14 POWERLIFTING-MILANO-	2000	55,69	Senior	115,0	120,0	125,0	125,0	65,0	70,0	72,5	70,0	135,0	142,5	150,0	150,0	345,0	82,373
12°	DANG VANH	VITALBA FITNESS CLUB - LECCO -	1996	56,93	Senior	120,0	125,0	127,5	125,0	57,5	60,0	60,0	57,5	150,0	155,0	157,5	155,0	337,5	79,239
13°	MURGIA ILENIA	CHIAVARI WHITE SHARK POWERLIFTING	1998	54,73	Senior	115,0	117,5	117,5	117,5	57,5	60,0	62,5	62,5	140,0	150,0	155,0	155,0	335,0	81,087
14°	MALINVERNO ELENA	VIKINGS VENETO PL -BAONE	1996	56,37	Senior	120,0	125,0	130,0	125,0	67,5	72,5	75,0	75,0	130,0	137,5	137,5	130,0	330,0	78,060
15°	FERRIGNO ERIKA	DRAGONS ASD - GERENZANO - VA-	1989	54,06	Senior	115,0	122,5	122,5	115,0	60,0	62,5	65,0	62,5	140,0	140,0	145,0	145,0	322,5	78,837
16°	GIGLIO FRANCESCA	BARBARIAN'S POWER CLUB	1985	56,68	Senior	115,0	120,0	125,0	125,0	67,5	67,5	70,0	67,5	130,0	137,5	137,5	130,0	322,5	75,969
17°	DOLZADELLI VALENTINA	BARBARIAN'S POWER CLUB	1998	55,46	Senior	107,5	112,5	120,0	112,5	52,5	52,5	52,5	52,5	120,0	130,0	137,5	130,0	295,0	70,663
18°	DI MAGGIO ANNA	BARBARIAN'S POWER CLUB	1998	55,52	Senior	115,0	122,5	122,5	115,0	57,5	60,0	60,0	57,5	115,0	122,5	130,0	122,5	295,0	70,603
19°	TEMPORAL TIZIANA	S.S. LAZIO POWERLIFTING	1999	56,53	Senior	100,0	110,0	115,0	115,0	65,0	65,0	70,0	65,0	100,0	107,5	112,5	112,5	292,5	69,040
20°	ZAPPA FRANCESCA	BARBARIAN'S POWER CLUB	1994	55,44	Senior	90,0	95,0	100,0	100,0	57,5	60,0	60,0	60,0	117,5	125,0	130,0	130,0	290,0	69,485
21°	CLEMENTE FRANCESCA	S.S. LAZIO POWERLIFTING	1992	56,62	Senior	102,5	107,5	107,5	107,5	50,0	52,5	55,0	52,5	115,0	122,5	127,5	127,5	287,5	67,778
22°	FORMICI ANNA	STRENGTHLAB	1992	56,83	Senior	100,0	105,0	107,5	100,0	55,0	55,0	57,5	57,5	120,0	130,0	140,0	130,0	287,5	67,589
23°	SCOTTI LICIA	ASD ALESSANDRIA POWERLIFTING	1995	55,04	Senior	92,5	100,0	105,0	100,0	50,0	52,5	57,5	57,5	105,0	115,0	122,5	122,5	280,0	67,471
24°	ADAM VERONICA	STRENGTHLAB	1997	53,84	Senior	80,0	85,0	90,0	85,0	60,0	65,0	70,0	65,0	105,0	120,0	127,5	120,0	270,0	66,223
-63																			
1°	BERNARDI CHIARA	STRONG 4REAL ASD - VERONA -	1998	62,73	Senior	190,0	200,0	205,0	205,0	110,0	117,5	120,0	120,0	200,0	215,0	225,5	215,0	540,0	118,471
2°	CASAGRANDA FEDERICA	BARBARIAN'S POWER CLUB	2000	61,37	Senior	175,0	182,5	190,0	190,0	85,0	85,0	87,5	87,5	170,0	175,0	185,0	175,0	452,5	100,720
3°	SCANDIFFIO MARIA	VIKINGS VENETO PL -BAONE	1998	60,34	Senior	170,0	177,5	187,5	187,5	85,0	90,0	92,5	90,0	167,5	170,0	182,5	170,0	447,5	100,759
4°	PONTIGGIA CARLOTTA	BARBARIAN'S POWER CLUB	1994	61,00	Senior	135,0	142,5	147,5	147,5	97,5	102,5	105,0	102,5	145,0	155,0	165,0	165,0	415,0	92,750



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CLASSIFICA CAT. FEMMINILE

POS	ATLETA	SOCIETÀ	A.N.	PESO	CAT. ETÀ	SQ1	SQ2	SQ3	BSQ	PA1	PA2	PA3	BPA	ST1	ST2	ST3	BST	TOT	IPF POINTS
5°	ORITI NIOSI CLAUDIA	HYBRID POWERLIFTING - QUISTELLO - M	1996	60,76	Senior	147,5	152,5	157,5	157,5	75,0	75,0	80,0	80,0	165,0	175,0	185,0	175,0	412,5	92,438
6°	CASSANI GIADA	BARBARIAN'S POWER CLUB	1987	62,43	Senior	140,0	145,0	152,5	145,0	72,5	77,5	77,5	77,5	170,0	180,0	180,0	170,0	392,5	86,380
7°	BARTESAGHI MARTINA	GOODLIFT MILANO POWERLIFTING ASD	1997	61,32	Senior	130,0	137,5	142,5	142,5	62,5	67,5	67,5	67,5	155,0	165,0	175,0	175,0	385,0	85,742
8°	CASTELLANI FEDERICA	VIKINGS VENETO PL -BAONE	1988	61,33	Senior	117,5	125,0	132,5	132,5	77,5	82,5	85,0	82,5	152,5	162,5	170,0	170,0	385,0	85,733
9°	SEMONELLA GIORGIA	FORMA CLUB	1998	61,90	Senior	135,0	142,5	147,5	147,5	60,0	62,5	65,0	65,0	140,0	150,0	160,0	160,0	372,5	82,439
10°	GIOIA EMANUELLA	BARBARIAN'S POWER CLUB	1999	60,50	Senior	130,0	140,0	147,5	147,5	77,5	82,5	90,0	82,5	140,0	145,0	145,0	140,0	370,0	83,157
11°	RIZZOLO FRANCESCA	S.S. LAZIO POWERLIFTING	1988	62,98	Senior	122,5	127,5	132,5	127,5	72,5	75,0	77,5	77,5	147,5	157,5	165,0	165,0	370,0	80,966
12°	PASQUINUCCI SILVIA	LIONS LIVORNO- PESISTICA ROSIGNANO	1988	61,18	Senior	122,5	130,0	135,0	135,0	65,0	70,0	75,0	70,0	135,0	142,5	150,0	150,0	355,0	79,182
13°	CENEDESE LAURA	HEART OF STEEL POWERLIFTING - ROMA	1999	61,72	Senior	127,5	132,5	137,5	132,5	70,0	75,0	77,5	77,5	127,5	135,0	140,0	140,0	350,0	77,609
14°	ZOBBI MONICA	C.U.S. FERRARA A.S.D.	1985	62,26	Senior	125,0	127,5	132,5	132,5	57,5	60,0	62,5	60,0	157,5	165,0	165,0	157,5	350,0	77,164
15°	RODULFO CANTELMI MEL	S.S. LAZIO POWERLIFTING	1998	62,99	Senior	127,5	132,5	135,0	135,0	60,0	60,0	62,5	62,5	135,0	142,5	150,0	150,0	347,5	76,035
16°	GUZIK MARIOLA	HYBRID POWERLIFTING - QUISTELLO - M	2000	62,22	Senior	105,0	105,0	110,0	105,0	62,5	67,5	67,5	67,5	125,0	135,0	145,0	145,0	317,5	70,029
17°	GIORDANO ALESSANDRA	NEFILIM POWERLIFTING - FERRARA-	2000	60,64	Senior	110,0	115,0	115,0	115,0	70,0	72,5	72,5	70,0	115,0	125,0	132,5	125,0	310,0	69,562
18°	BRIGNOLI CHIARA	VIKINGS VENETO PL -BAONE	1994	62,23	Senior	95,0	100,0	105,0	105,0	57,5	57,5	60,0	60,0	135,0	140,0	145,0	145,0	310,0	68,367
19°	GILLI MARIANNA	C.U.S. FERRARA A.S.D.	1985	62,33	Senior	105,0	110,0	115,0	110,0	50,0	52,5	57,5	52,5	122,5	130,0	135,0	135,0	297,5	65,541
20°	CORTINOVIS ELENA	DRAGONS ASD - GERENZANO - VA-	1996	60,34	Senior	105,0	110,0	115,0	110,0	47,5	50,0	52,5	52,5	122,5	127,5	132,5	132,5	295,0	66,422
21°	PALMA MARTINA	VIKINGS VENETO PL -BAONE	1995	61,41	Senior	105,0	112,5	117,5	117,5	55,0	57,5	57,5	57,5	110,0	117,5	120,0	117,5	292,5	65,078
-69																			
1°	GARRA CAROLA	S.S. LAZIO POWERLIFTING	1994	67,92	Senior	210,0	220,0	225,0	225,0	135,0	140,0	145,0	145,0	202,5	210,0		210,0	580,0	121,234
2°	FANTON NOEMI	S.S. LAZIO POWERLIFTING	2000	68,58	Senior	170,0	180,0	190,0	190,0	105,0	110,0	115,0	110,0	195,0	207,5	215,0	215,0	515,0	107,059
3°	FERRETTI VALERIA	HYBRID POWERLIFTING - QUISTELLO - M	1999	64,84	Senior	140,0	150,0	160,0	160,0	75,0	80,0	82,5	82,5	167,5	180,0	197,5	197,5	440,0	94,536
4°	SOMMA MICHELA	ASD PRO VIRIBUS-PRATO-	1998	67,37	Senior	170,0	180,0	185,0	180,0	82,5	85,0	87,5	85,0	165,0	170,0	175,0	175,0	440,0	92,401
5°	VELTRI ILARIA	GAR POWERLIFTING - ACQUI TERME -	1999	67,75	Senior	152,5	160,0	160,0	160,0	85,0	87,5	92,5	92,5	160,0	167,5	175,0	167,5	420,0	87,916
6°	COPPOLA ROSALBA	ASD PRO VIRIBUS-PRATO-	1998	65,87	Senior	140,0	140,0	147,5	147,5	70,0	75,0	77,5	75,0	170,0	180,0	187,5	180,0	402,5	85,655
7°	ASTOLFI NAUSICAA	STRENGTHLAB	1993	68,43	Senior	155,0	162,5	167,5	162,5	90,0	92,5	92,5	90,0	142,5	150,0	155,0	150,0	402,5	83,776
8°	MARKOMICHELAKIS SOFI	C.U.S. FERRARA A.S.D.	1998	65,86	Senior	122,5	125,0	132,5	125,0	77,5	80,0	85,0	80,0	162,5	170,0	175,0	175,0	380,0	80,874
9°	CASARICO ELISA	WARRIORS MILANO POWERLIFTING ASD	2000	66,81	Senior	150,0	152,5	157,5	152,5	70,0	72,5	72,5	70,0	147,5	152,5	157,5	157,5	380,0	80,190



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

CLASSIFICA CAT. FEMMINILE

POS	ATLETA	SOCIETÀ	A.N.	PESO	CAT. ETÀ	SQ1	SQ2	SQ3	BSQ	PA1	PA2	PA3	BPA	ST1	ST2	ST3	BST	TOT	IPF POINTS
10°	ZANATTA FRANCESCA	NERD TRAINING CENTER -BOLOGNA-	1995	66,43	Senior	127,5	135,0	140,0	135,0	77,5	85,0	87,5	85,0	137,5	145,0	150,0	145,0	365,0	77,284
11°	GATTA SOFIA	STRONGWOMAN ASD	1991	67,38	Senior	125,0	130,0	132,5	132,5	70,0	75,0	77,5	75,0	130,0	140,0	150,0	150,0	357,5	75,069
12°	COCOZZA GIUSEPPINA	BERGAMO POWERLIFTING	1990	66,08	Senior	132,5	142,5	152,5	152,5	60,0	65,0	67,5	60,0	130,0	142,5	155,0	142,5	355,0	75,403
13°	TARABRA SARA	C.U.S. P.O. POWERLIFTING NOVARA	2000	66,09	Senior	107,5	115,0	120,0	120,0	62,5	67,5	67,5	62,5	137,5	147,5	155,0	147,5	330,0	70,086
14°	DI LELLA SHARON	HEXAGON SYSTEM ASD	1993	65,29	Senior	100,0	110,0	120,0	120,0	47,5	50,0	52,5	50,0	130,0	140,0	145,0	145,0	315,0	67,393
15°	ARTUSI SARA	WARRIORS MILANO POWERLIFTING ASD	1999	68,67	Senior	100,0	110,0	117,5	110,0	57,5	60,0	65,0	60,0	127,5	135,0	140,0	140,0	310,0	64,396
16°	BOSIA MARTINA	BULLS TORINO POWERLIFTING	1999	68,07	Senior	110,0	117,5	125,0	125,0	52,5	57,5	57,5	52,5	120,0	130,0	140,0	130,0	307,5	64,194
17°	FOGLINO SONIA	BULLS TORINO POWERLIFTING	1995	65,82	Senior	95,0	100,0	105,0	100,0	45,0	50,0	55,0	50,0	125,0	132,5	137,5	137,5	287,5	61,210
18°	GIANFRANCHI CHIARA	BARBARIAN'S POWER CLUB	1992	68,48	Senior	107,5	107,5	112,5	107,5	42,5	45,0	47,5	45,0	115,0	120,0	125,0	125,0	277,5	57,735
19°	KASHTAN DARIYA	BERGAMO POWERLIFTING	1998	65,88	Senior	80,0	85,0	87,5	87,5	47,5	50,0	52,5	50,0	92,5	100,0	105,0	105,0	242,5	51,601

-76

1°	SPISNI ELEONORA	HYBRID POWERLIFTING - QUISTELLO - M	1991	74,18	Senior	185,0	192,5	200,5	200,5	82,5	87,5	90,0	87,5	200,0	212,5	217,5	212,5	500,5	99,835
2°	PROSERPIO EMMA MARIA	PARABELLUM - UNCONQUERED PL ASD	1999	69,51	Senior	170,0	175,0	180,0	180,0	95,0	100,0	102,5	100,0	197,5	210,0	222,5	210,0	490,0	101,103
3°	CHIAROT JASMINE	HYBRID POWERLIFTING - QUISTELLO - M	2000	71,12	Senior	157,5	167,5	175,0	175,0	77,5	80,0	82,5	82,5	192,5	205,0	215,0	215,0	472,5	96,296
4°	ZAMARRA VIRGINIA	LA FORZA POWER TEAM - REGGIO	1995	75,27	Senior	162,5	167,5	172,5	172,5	85,0	90,0	92,5	92,5	190,0	200,0	207,5	207,5	472,5	93,584
5°	BARBETTA ANTONELLA	VIKINGS VENETO PL -BAONE	1999	73,01	Senior	155,0	165,0	165,0	165,0	85,0	90,0	95,0	95,0	155,0	165,0	172,5	172,5	432,5	86,957
6°	ROSSI MARTINA	ASD PRO VIRIBUS-PRATO-	1999	73,35	Senior	145,0	155,0	160,0	160,0	70,0	72,5	75,0	75,0	160,0	167,5	175,0	167,5	402,5	80,736
7°	CEFFA CHIARA	C.U.S. P.O. POWERLIFTING NOVARA	1999	74,19	Senior	132,5	140,0	145,0	140,0	75,0	80,0	85,0	80,0	140,0	150,0	155,0	150,0	370,0	73,799
8°	PARRINI CATERINA	ASD PRO VIRIBUS-PRATO-	1991	74,12	Senior	132,5	132,5	140,0	132,5	62,5	67,5	67,5	62,5	150,0	162,5	170,0	170,0	365,0	72,835
9°	BURATTI ROBERTA	MORE - ROMA -	1992	74,12	Senior	117,5	125,0	132,5	132,5	52,5	60,0	65,0	60,0	130,0	137,5	147,5	137,5	330,0	65,851
10°	CARISI LARA	ASD DISCOVERY ATHLETICS TRIESTE	1998	71,85	Senior	115,0	120,0	125,0	125,0	55,0	60,0	62,5	62,5	127,5	135,0	140,0	140,0	327,5	66,389
11°	SUPPO CHIARA	ASD ALESSANDRIA POWERLIFTING	1990	73,46	Senior	100,0	110,0	120,0	110,0	50,0	55,0	57,5	57,5	110,0	120,0	122,5	122,5	290,0	58,127
12°	RANDAZZO VANESSA	STRENGTHLAB	1992	71,12	Senior	100,0	110,0	120,0	110,0	40,0	45,0	50,0	45,0	110,0	120,0	132,5	132,5	287,5	58,593

-84

1°	ANDERLINI ISABELLA	ITALICA POWERLIFTING - LATINA-	1996	76,02	Senior	160,0	167,5	175,0	175,0	95,0	100,0	102,5	102,5	175,0	182,5	187,5	187,5	465,0	91,666
2°	ZAGO SERENA	VIKINGS VENETO PL -BAONE	1990	76,32	Senior	155,0	165,0	170,0	170,0	97,5	102,5	105,0	102,5	170,0	182,5	187,5	187,5	460,0	90,513



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

CLASSIFICA CAT. FEMMINILE

POS	ATLETA	SOCIETÀ	A.N.	PESO	CAT. ETÀ	SQ1	SQ2	SQ3	BSQ	PA1	PA2	PA3	BPA	ST1	ST2	ST3	BST	TOT	IPF POINTS
3°	LAZZERI ARIANNA	VIKINGS VENETO PL -BAONE	1990	83,63	Senior	142,5	152,5	160,0	152,5	85,0	90,0	92,5	92,5	160,0	172,5	185,0	185,0	430,0	81,346
4°	ORLETTI VERONICA	STRENGTHLAB	2000	82,39	Senior	147,5	155,0	160,0	155,0	80,0	85,0	90,0	85,0	145,0	155,0	165,0	165,0	405,0	77,075
+84																			
1°	CRAVERO ELENA	VIKINGS VENETO PL -BAONE	1999	85,54	Senior	170,0	180,0	195,5	180,0	75,0	75,0	82,5	82,5	160,0	172,5	185,0	185,0	447,5	83,923
2°	DAL CORSO CAMILLA	NERD TRAINING CENTER -BOLOGNA-	1998	93,75	Senior	152,5	157,5	162,5	157,5		75,0	77,5	75,0	165,0	172,5	172,5	172,5	405,0	73,596
3°	LUNGI VIRGINIA	NEFILIM POWERLIFTING - FERRARA-	1997	86,31	Senior	112,5	117,5	122,5	117,5	50,0	52,5	55,0	55,0	120,0	130,0	140,0	130,0	302,5	56,540



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

CLASSIFICA ASSOLUTA FEMMINILE

ATLETA	SOCIETÀ	A.N.	PESO	CAT.	CAT. ETÀ	TOTALE	IPF POINTS
Senior							
CAROLA GARRA	S.S. LAZIO POWERLIFTING	1994	67,92	-69	Senior	580,0	121,234
SARA NALDI	VIKINGS VENETO PL -BAONE	1998	56,43	-57	Senior	505,0	119,358
CHIARA BERNARDI	STRONG 4REAL ASD - VERONA -	1998	62,73	-63	Senior	540,0	118,471
ANNALISA MOTTA	ASD ARENA14 POWERLIFTING-MILANO-	1995	46,79	-47	Senior	386,0	107,477
NOEMI FANTON	S.S. LAZIO POWERLIFTING	2000	68,58	-69	Senior	515,0	107,059
COSMIANA MONTANARO	BARBARIAN'S POWER CLUB	2000	51,25	-52	Senior	405,0	103,561
DALIDA MARI	HEART OF STEEL POWERLIFTING - ROMA	1987	47,00	-47	Senior	373,5	103,535
ILARIA BARBIERI	HYBRID POWERLIFTING - QUISTELLO - MN	1996	51,80	-52	Senior	405,0	102,605
EMMA MARIA PROSERPIO	PARABELLUM - UNCONQUERED PL ASD	1999	69,51	-76	Senior	490,0	101,103
MARIA SCANDIFFIO	VIKINGS VENETO PL -BAONE	1998	60,34	-63	Senior	447,5	100,759
FEDERICA CASAGRANDA	BARBARIAN'S POWER CLUB	2000	61,37	-63	Senior	452,5	100,720
ELEONORA SPISNI	HYBRID POWERLIFTING - QUISTELLO - MN	1991	74,18	-76	Senior	500,5	99,835
ELENA OFFIDANI	BARBARIAN'S POWER CLUB	1998	56,17	-57	Senior	420,0	99,619
AMBRA SCOLARO	S.S. LAZIO POWERLIFTING	1994	46,57	-47	Senior	355,5	99,453
KARIN ANGELINI	WARRIORS MILANO POWERLIFTING ASD	1997	46,95	-47	Senior	357,5	99,204
ALESSANDRA ZAGHI	VIKINGS VENETO PL -BAONE	1995	57,00	-57	Senior	422,5	99,104
LARA FUMAGALLI	ASD PRO VIRIBUS-PRATO-	1989	56,07	-57	Senior	410,0	97,380
SABRINA MANCINI	S.S. LAZIO POWERLIFTING	1994	56,85	-57	Senior	412,5	96,950
JASMINE CHIAROT	HYBRID POWERLIFTING - QUISTELLO - MN	2000	71,12	-76	Senior	472,5	96,296
SILVIA MAZZARACO	PARABELLUM - UNCONQUERED PL ASD	2000	50,82	-52	Senior	370,0	95,317
VALERIA FERRETTI	HYBRID POWERLIFTING - QUISTELLO - MN	1999	64,84	-69	Senior	440,0	94,536
ELENA PITTI	STRONG 4REAL ASD - VERONA -	1997	45,73	-47	Senior	330,0	94,045
VIRGINIA ZAMARRA	LA FORZA POWER TEAM - REGGIO	1995	75,27	-76	Senior	472,5	93,584
CARLOTTA PONTIGGIA	BARBARIAN'S POWER CLUB	1994	61,00	-63	Senior	415,0	92,750
CLAUDIA ORITI NIOSI	HYBRID POWERLIFTING - QUISTELLO - MN	1996	60,76	-63	Senior	412,5	92,438
MICHELA SOMMA	ASD PRO VIRIBUS-PRATO-	1998	67,37	-69	Senior	440,0	92,401



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

CLASSIFICA ASSOLUTA FEMMINILE

ATLETA	SOCIETÀ	A.N.	PESO	CAT.	CAT. ETÀ	TOTALE	IPF POINTS
AURORA RICCARDI	MORE - ROMA -	2000	50,98	-52	Senior	357,5	91,841
ISABELLA ANDERLINI	ITALICA POWERLIFTING - LATINA-	1996	76,02	-84	Senior	465,0	91,666
ENRICA CICCU	STRENGTHLAB	1999	51,93	-52	Senior	362,5	91,640
MICHELA FILICE	S.S. LAZIO POWERLIFTING	1993	51,74	-52	Senior	360,0	91,296
ERMINA LAPRAKU	LA FORZA POWER TEAM - REGGIO	1988	51,80	-52	Senior	357,5	90,571
SERENA ZAGO	VIKINGS VENETO PL -BAONE	1990	76,32	-84	Senior	460,0	90,513
ILARIA VELTRI	GAR POWERLIFTING - ACQUI TERME -	1999	67,75	-69	Senior	420,0	87,916
ANTONELLA BARBETTA	VIKINGS VENETO PL -BAONE	1999	73,01	-76	Senior	432,5	86,957
GIADA CASSANI	BARBARIAN'S POWER CLUB	1987	62,43	-63	Senior	392,5	86,380
SUSANNA NUCCI	VIKINGS VENETO PL -BAONE	1996	49,52	-52	Senior	327,5	86,366
DIANA BIANCO	ASD PRO VIRIBUS-PRATO-	1989	56,92	-57	Senior	367,5	86,294
MICHELA TODESCHI	BARBARIAN'S POWER CLUB	2000	51,75	-52	Senior	340,0	86,209
MARTINA BARTESAGHI	GOODLIFT MILANO POWERLIFTING ASD	1997	61,32	-63	Senior	385,0	85,742
FEDERICA CASTELLANI	VIKINGS VENETO PL -BAONE	1988	61,33	-63	Senior	385,0	85,733
ROSALBA COPPOLA	ASD PRO VIRIBUS-PRATO-	1998	65,87	-69	Senior	402,5	85,655
BENEDETTA CAPOZUCCHI	VIKINGS VENETO PL -BAONE	1994	56,97	-57	Senior	365,0	85,650
ALESSANDRA CASCIOLA	VIKINGS VENETO PL -BAONE	1998	51,94	-52	Senior	332,5	84,042
ELENA CRAVERO	VIKINGS VENETO PL -BAONE	1999	85,54	+84	Senior	447,5	83,923
NAUSICAA ASTOLFI	STRENGTHLAB	1993	68,43	-69	Senior	402,5	83,776
MIRIANA DI MATTEO	HEART OF STEEL POWERLIFTING - ROMA	1993	51,39	-52	Senior	327,5	83,545
ALICE CAMPION	C.U.S. FERRARA A.S.D.	1991	56,35	-57	Senior	352,5	83,405
SARA ROMAGNOLI	C.U.S. FERRARA A.S.D.	1996	56,42	-57	Senior	352,5	83,326
EMANUELLA GIOIA	BARBARIAN'S POWER CLUB	1999	60,50	-63	Senior	370,0	83,157
ERIKA FRAGANO	VIKINGS VENETO PL -BAONE	1998	51,01	-52	Senior	322,5	82,806
GIORGIA SEMONELLA	FORMA CLUB	1998	61,90	-63	Senior	372,5	82,439
ANGELA CAMEROTTO	HEART OF STEEL POWERLIFTING - ROMA	1995	55,64	-57	Senior	345,0	82,431
VIVIANA BATTIATO	ASD ARENA14 POWERLIFTING-MILANO-	2000	55,69	-57	Senior	345,0	82,373



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

CLASSIFICA ASSOLUTA FEMMINILE

ATLETA	SOCIETÀ	A.N.	PESO	CAT.	CAT. ETÀ	TOTALE	IPF POINTS
ARIANNA LAZZERI	VIKINGS VENETO PL -BAONE	1990	83,63	-84	Senior	430,0	81,346
SARA GUARRIELLO	ASD PRO VIRIBUS-PRATO-	1995	50,30	-52	Senior	312,5	81,247
ILENIA MURGIA	CHIAVARI WHITE SHARK POWERLIFTING	1998	54,73	-57	Senior	335,0	81,087
FRANCESCA RIZZOLO	S.S. LAZIO POWERLIFTING	1988	62,98	-63	Senior	370,0	80,966
SOFIA MARKOMICHELAKIS	C.U.S. FERRARA A.S.D.	1998	65,86	-69	Senior	380,0	80,874
MARTINA ROSSI	ASD PRO VIRIBUS-PRATO-	1999	73,35	-76	Senior	402,5	80,736
ELISA CASARICO	WARRIORS MILANO POWERLIFTING ASD	2000	66,81	-69	Senior	380,0	80,190
VANH DANG	VITALBA FITNESS CLUB - LECCO -	1996	56,93	-57	Senior	337,5	79,239
VERONICA FRISI	BARBARIAN'S POWER CLUB	1998	51,76	-52	Senior	312,5	79,223
SILVIA PASQUINUCCI	LIONS LIVORNO- PESISTICA ROSIGNANO	1988	61,18	-63	Senior	355,0	79,182
ERIKA FERRIGNO	DRAGONS ASD - GERENZANO - VA-	1989	54,06	-57	Senior	322,5	78,837
ELENA MALINVERNO	VIKINGS VENETO PL -BAONE	1996	56,37	-57	Senior	330,0	78,060
LAURA CENEDESE	HEART OF STEEL POWERLIFTING - ROMA	1999	61,72	-63	Senior	350,0	77,609
BEATRICE SIMIAND	NERD TRAINING CENTER -BOLOGNA-	1996	50,22	-52	Senior	297,5	77,458
FRANCESCA ZANATTA	NERD TRAINING CENTER -BOLOGNA-	1995	66,43	-69	Senior	365,0	77,284
MONICA ZOBBI	C.U.S. FERRARA A.S.D.	1985	62,26	-63	Senior	350,0	77,164
VERONICA ORLETTI	STRENGTHLAB	2000	82,39	-84	Senior	405,0	77,075
MELANY ALEXANDRA RODULFO CANTELM	S.S. LAZIO POWERLIFTING	1998	62,99	-63	Senior	347,5	76,035
FRANCESCA GIGLIO	BARBARIAN'S POWER CLUB	1985	56,68	-57	Senior	322,5	75,969
GIUSEPPINA COCOZZA	BERGAMO POWERLIFTING	1990	66,08	-69	Senior	355,0	75,403
SOFIA GATTA	STRONGWOMAN ASD	1991	67,38	-69	Senior	357,5	75,069
CHIARA CEFFA	C.U.S. P.O. POWERLIFTING NOVARA	1999	74,19	-76	Senior	370,0	73,799
CAMILLA DAL CORSO	NERD TRAINING CENTER -BOLOGNA-	1998	93,75	+84	Senior	405,0	73,596
CATERINA PARRINI	ASD PRO VIRIBUS-PRATO-	1991	74,12	-76	Senior	365,0	72,835
VALENTINA DOLZADELLI	BARBARIAN'S POWER CLUB	1998	55,46	-57	Senior	295,0	70,663
ANNA DI MAGGIO	BARBARIAN'S POWER CLUB	1998	55,52	-57	Senior	295,0	70,603
SARA TARABRA	C.U.S. P.O. POWERLIFTING NOVARA	2000	66,09	-69	Senior	330,0	70,086



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

CLASSIFICA ASSOLUTA FEMMINILE

ATLETA	SOCIETÀ	A.N.	PESO	CAT.	CAT. ETÀ	TOTALE	IPF POINTS
MARIOLA GUZIK	HYBRID POWERLIFTING - QUISTELLO - MN	2000	62,22	-63	Senior	317,5	70,029
ALESSANDRA GIORDANO	NEFILIM POWERLIFTING - FERRARA-	2000	60,64	-63	Senior	310,0	69,562
FRANCESCA ZAPPA	BARBARIAN'S POWER CLUB	1994	55,44	-57	Senior	290,0	69,485
TIZIANA TEMPORAL	S.S. LAZIO POWERLIFTING	1999	56,53	-57	Senior	292,5	69,040
CHIARA BRIGNOLI	VIKINGS VENETO PL -BAONE	1994	62,23	-63	Senior	310,0	68,367
FRANCESCA CLEMENTE	S.S. LAZIO POWERLIFTING	1992	56,62	-57	Senior	287,5	67,778
ANNA FORMICI	STRENGTHLAB	1992	56,83	-57	Senior	287,5	67,589
LICIA SCOTTI	ASD ALESSANDRIA POWERLIFTING	1995	55,04	-57	Senior	280,0	67,471
SHARON DI LELLA	HEXAGON SYSTEM ASD	1993	65,29	-69	Senior	315,0	67,393
ELENA CORTINOVIS	DRAGONS ASD - GERENZANO - VA-	1996	60,34	-63	Senior	295,0	66,422
LARA CARISI	ASD DISCOVERY ATHLETICS TRIESTE	1998	71,85	-76	Senior	327,5	66,389
VERONICA ADAM	STRENGTHLAB	1997	53,84	-57	Senior	270,0	66,223
ROBERTA BURATTI	MORE - ROMA -	1992	74,12	-76	Senior	330,0	65,851
MARIANNA GILLI	C.U.S. FERRARA A.S.D.	1985	62,33	-63	Senior	297,5	65,541
MARTINA PALMA	VIKINGS VENETO PL -BAONE	1995	61,41	-63	Senior	292,5	65,078
SARA ARTUSI	WARRIORS MILANO POWERLIFTING ASD	1999	68,67	-69	Senior	310,0	64,396
MARTINA BOSIA	BULLS TORINO POWERLIFTING	1999	68,07	-69	Senior	307,5	64,194
SONIA FOGLINO	BULLS TORINO POWERLIFTING	1995	65,82	-69	Senior	287,5	61,210
VANESSA RANDAZZO	STRENGTHLAB	1992	71,12	-76	Senior	287,5	58,593
CHIARA SUPPO	ASD ALESSANDRIA POWERLIFTING	1990	73,46	-76	Senior	290,0	58,127
CHIARA GIANFRANCHI	BARBARIAN'S POWER CLUB	1992	68,48	-69	Senior	277,5	57,735
VIRGINIA LUNGI	NEFILIM POWERLIFTING - FERRARA-	1997	86,31	+84	Senior	302,5	56,540
DARIYA KASHTAN	BERGAMO POWERLIFTING	1998	65,88	-69	Senior	242,5	51,601
MICAELA BARI	VITALBA FITNESS CLUB - LECCO -	1994	46,74	-47	Senior	FG	FG



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

MIGLIOR ATLETA FEMMINILE

ATLETA	SOCIETÀ	A.N.	PESO	CAT.	SQUAT	PANCA	STACCO	TOTALE	IPF POINTS
CAROLA GARRA	S.S. LAZIO POWERLIFTING	1994	67,92	-69	225,0	145,0	210,0	580,0	121,234
SARA NALDI	VIKINGS VENETO PL -BAONE	1998	56,43	-57	185,0	105,0	215,0	505,0	119,358
CHIARA BERNARDI	STRONG 4REAL ASD - VERONA -	1998	62,73	-63	205,0	120,0	215,0	540,0	118,471
ANNALISA MOTTA	ASD ARENA14 POWERLIFTING-MILANO-	1995	46,79	-47	140,0	86,0	160,0	386,0	107,477
NOEMI FANTON	S.S. LAZIO POWERLIFTING	2000	68,58	-69	190,0	110,0	215,0	515,0	107,059
COSMIANA MONTANARO	BARBARIAN'S POWER CLUB	2000	51,25	-52	147,5	72,5	185,0	405,0	103,561
DALIDA MARI	HEART OF STEEL POWERLIFTING - ROMA	1987	47,00	-47	146,0	82,5	145,0	373,5	103,535
ILARIA BARBIERI	HYBRID POWERLIFTING - QUISTELLO - MN	1996	51,80	-52	145,0	80,0	180,0	405,0	102,605
EMMA MARIA PROSERPIO	PARABELLUM - UNCONQUERED PL ASD	1999	69,51	-76	180,0	100,0	210,0	490,0	101,103
MARIA SCANDIFFIO	VIKINGS VENETO PL -BAONE	1998	60,34	-63	187,5	90,0	170,0	447,5	100,759
FEDERICA CASAGRANDA	BARBARIAN'S POWER CLUB	2000	61,37	-63	190,0	87,5	175,0	452,5	100,720
ELEONORA SPISNI	HYBRID POWERLIFTING - QUISTELLO - MN	1991	74,18	-76	200,5	87,5	212,5	500,5	99,835
ELENA OFFIDANI	BARBARIAN'S POWER CLUB	1998	56,17	-57	162,5	97,5	160,0	420,0	99,619
AMBRA SCOLARO	S.S. LAZIO POWERLIFTING	1994	46,57	-47	145,5	70,0	140,0	355,5	99,453
KARIN ANGELINI	WARRIORS MILANO POWERLIFTING ASD	1997	46,95	-47	125,0	75,0	157,5	357,5	99,204
ALESSANDRA ZAGHI	VIKINGS VENETO PL -BAONE	1995	57,00	-57	145,0	80,0	197,5	422,5	99,104
LARA FUMAGALLI	ASD PRO VIRIBUS-PRATO-	1989	56,07	-57	157,5	80,0	172,5	410,0	97,380
SABRINA MANCINI	S.S. LAZIO POWERLIFTING	1994	56,85	-57	150,0	85,0	177,5	412,5	96,950
JASMINE CHIAROT	HYBRID POWERLIFTING - QUISTELLO - MN	2000	71,12	-76	175,0	82,5	215,0	472,5	96,296
SILVIA MAZZARACO	PARABELLUM - UNCONQUERED PL ASD	2000	50,82	-52	142,5	72,5	155,0	370,0	95,317
VALERIA FERRETTI	HYBRID POWERLIFTING - QUISTELLO - MN	1999	64,84	-69	160,0	82,5	197,5	440,0	94,536
ELENA PITTI	STRONG 4REAL ASD - VERONA -	1997	45,73	-47	125,0	65,0	140,0	330,0	94,045
VIRGINIA ZAMARRA	LA FORZA POWER TEAM - REGGIO	1995	75,27	-76	172,5	92,5	207,5	472,5	93,584
CARLOTTA PONTIGGIA	BARBARIAN'S POWER CLUB	1994	61,00	-63	147,5	102,5	165,0	415,0	92,750
CLAUDIA ORITI NIOSI	HYBRID POWERLIFTING - QUISTELLO - MN	1996	60,76	-63	157,5	80,0	175,0	412,5	92,438
MICHELA SOMMA	ASD PRO VIRIBUS-PRATO-	1998	67,37	-69	180,0	85,0	175,0	440,0	92,401
AURORA RICCARDI	MORE - ROMA -	2000	50,98	-52	120,0	82,5	155,0	357,5	91,841



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

MIGLIOR ATLETA FEMMINILE

ATLETA	SOCIETÀ	A.N.	PESO	CAT.	SQUAT	PANCA	STACCO	TOTALE	IPF POINTS
ISABELLA ANDERLINI	ITALICA POWERLIFTING - LATINA-	1996	76,02	-84	175,0	102,5	187,5	465,0	91,666
ENRICA CICCU	STRENGTHLAB	1999	51,93	-52	140,0	70,0	152,5	362,5	91,640
MICHELA FILICE	S.S. LAZIO POWERLIFTING	1993	51,74	-52	147,5	67,5	145,0	360,0	91,296
ERMINA LAPRAKU	LA FORZA POWER TEAM - REGGIO	1988	51,80	-52	127,5	75,0	155,0	357,5	90,571
SERENA ZAGO	VIKINGS VENETO PL -BAONE	1990	76,32	-84	170,0	102,5	187,5	460,0	90,513
ILARIA VELTRI	GAR POWERLIFTING - ACQUI TERME -	1999	67,75	-69	160,0	92,5	167,5	420,0	87,916
ANTONELLA BARBETTA	VIKINGS VENETO PL -BAONE	1999	73,01	-76	165,0	95,0	172,5	432,5	86,957
GIADA CASSANI	BARBARIAN'S POWER CLUB	1987	62,43	-63	145,0	77,5	170,0	392,5	86,380
SUSANNA NUCCI	VIKINGS VENETO PL -BAONE	1996	49,52	-52	120,0	77,5	130,0	327,5	86,366
DIANA BIANCO	ASD PRO VIRIBUS-PRATO-	1989	56,92	-57	145,0	75,0	147,5	367,5	86,294
MICHELA TODESCHI	BARBARIAN'S POWER CLUB	2000	51,75	-52	127,5	72,5	140,0	340,0	86,209
MARTINA BARTESAGHI	GOODLIFT MILANO POWERLIFTING ASD	1997	61,32	-63	142,5	67,5	175,0	385,0	85,742
FEDERICA CASTELLANI	VIKINGS VENETO PL -BAONE	1988	61,33	-63	132,5	82,5	170,0	385,0	85,733
ROSALBA COPPOLA	ASD PRO VIRIBUS-PRATO-	1998	65,87	-69	147,5	75,0	180,0	402,5	85,655
BENEDETTA CAPOZUCCHI	VIKINGS VENETO PL -BAONE	1994	56,97	-57	137,5	75,0	152,5	365,0	85,650
ALESSANDRA CASCIOLA	VIKINGS VENETO PL -BAONE	1998	51,94	-52	127,5	65,0	140,0	332,5	84,042
ELENA CRAVERO	VIKINGS VENETO PL -BAONE	1999	85,54	+84	180,0	82,5	185,0	447,5	83,923
NAUSICAA ASTOLFI	STRENGTHLAB	1993	68,43	-69	162,5	90,0	150,0	402,5	83,776
MIRIANA DI MATTEO	HEART OF STEEL POWERLIFTING - ROMA	1993	51,39	-52	125,0	60,0	142,5	327,5	83,545
ALICE CAMPION	C.U.S. FERRARA A.S.D.	1991	56,35	-57	130,0	57,5	165,0	352,5	83,405
SARA ROMAGNOLI	C.U.S. FERRARA A.S.D.	1996	56,42	-57	115,0	70,0	167,5	352,5	83,326
EMANUELLA GIOIA	BARBARIAN'S POWER CLUB	1999	60,50	-63	147,5	82,5	140,0	370,0	83,157
ERIKA FRAGANO	VIKINGS VENETO PL -BAONE	1998	51,01	-52	100,0	72,5	150,0	322,5	82,806
GIORGIA SEMONELLA	FORMA CLUB	1998	61,90	-63	147,5	65,0	160,0	372,5	82,439
ANGELA CAMEROTTO	HEART OF STEEL POWERLIFTING - ROMA	1995	55,64	-57	125,0	70,0	150,0	345,0	82,431
VIVIANA BATTIATO	ASD ARENA14 POWERLIFTING-MILANO-	2000	55,69	-57	125,0	70,0	150,0	345,0	82,373
ARIANNA LAZZERI	VIKINGS VENETO PL -BAONE	1990	83,63	-84	152,5	92,5	185,0	430,0	81,346



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

MIGLIOR ATLETA FEMMINILE

ATLETA	SOCIETÀ	A.N.	PESO	CAT.	SQUAT	PANCA	STACCO	TOTALE	IPF POINTS
SARA GUARRIELLO	ASD PRO VIRIBUS-PRATO-	1995	50,30	-52	125,0	72,5	115,0	312,5	81,247
ILENIA MURGIA	CHIAVARI WHITE SHARK POWERLIFTING	1998	54,73	-57	117,5	62,5	155,0	335,0	81,087
FRANCESCA RIZZOLO	S.S. LAZIO POWERLIFTING	1988	62,98	-63	127,5	77,5	165,0	370,0	80,966
SOFIA MARKOMICHELAKIS	C.U.S. FERRARA A.S.D.	1998	65,86	-69	125,0	80,0	175,0	380,0	80,874
MARTINA ROSSI	ASD PRO VIRIBUS-PRATO-	1999	73,35	-76	160,0	75,0	167,5	402,5	80,736
ELISA CASARICO	WARRIORS MILANO POWERLIFTING ASD	2000	66,81	-69	152,5	70,0	157,5	380,0	80,190
VANH DANG	VITALBA FITNESS CLUB - LECCO -	1996	56,93	-57	125,0	57,5	155,0	337,5	79,239
VERONICA FRISI	BARBARIAN'S POWER CLUB	1998	51,76	-52	122,5	70,0	120,0	312,5	79,223
SILVIA PASQUINUCCI	LIONS LIVORNO- PESISTICA ROSIGNANO	1988	61,18	-63	135,0	70,0	150,0	355,0	79,182
ERIKA FERRIGNO	DRAGONS ASD - GERENZANO - VA-	1989	54,06	-57	115,0	62,5	145,0	322,5	78,837
ELENA MALINVERNO	VIKINGS VENETO PL -BAONE	1996	56,37	-57	125,0	75,0	130,0	330,0	78,060
LAURA CENEDESE	HEART OF STEEL POWERLIFTING - ROMA	1999	61,72	-63	132,5	77,5	140,0	350,0	77,609
BEATRICE SIMIAND	NERD TRAINING CENTER -BOLOGNA-	1996	50,22	-52	115,0	62,5	120,0	297,5	77,458
FRANCESCA ZANATTA	NERD TRAINING CENTER -BOLOGNA-	1995	66,43	-69	135,0	85,0	145,0	365,0	77,284
MONICA ZOBBI	C.U.S. FERRARA A.S.D.	1985	62,26	-63	132,5	60,0	157,5	350,0	77,164
VERONICA ORLETTI	STRENGTHLAB	2000	82,39	-84	155,0	85,0	165,0	405,0	77,075
MELANY ALEXANDRA RODULFO CA	S.S. LAZIO POWERLIFTING	1998	62,99	-63	135,0	62,5	150,0	347,5	76,035
FRANCESCA GIGLIO	BARBARIAN'S POWER CLUB	1985	56,68	-57	125,0	67,5	130,0	322,5	75,969
GIUSEPPINA COCOZZA	BERGAMO POWERLIFTING	1990	66,08	-69	152,5	60,0	142,5	355,0	75,403
SOFIA GATTA	STRONGWOMAN ASD	1991	67,38	-69	132,5	75,0	150,0	357,5	75,069
CHIARA CEFFA	C.U.S. P.O. POWERLIFTING NOVARA	1999	74,19	-76	140,0	80,0	150,0	370,0	73,799
CAMILLA DAL CORSO	NERD TRAINING CENTER -BOLOGNA-	1998	93,75	+84	157,5	75,0	172,5	405,0	73,596
CATERINA PARRINI	ASD PRO VIRIBUS-PRATO-	1991	74,12	-76	132,5	62,5	170,0	365,0	72,835
VALENTINA DOLZADELLI	BARBARIAN'S POWER CLUB	1998	55,46	-57	112,5	52,5	130,0	295,0	70,663
ANNA DI MAGGIO	BARBARIAN'S POWER CLUB	1998	55,52	-57	115,0	57,5	122,5	295,0	70,603
SARA TARABRA	C.U.S. P.O. POWERLIFTING NOVARA	2000	66,09	-69	120,0	62,5	147,5	330,0	70,086
MARIOLA GUZIK	HYBRID POWERLIFTING - QUISTELLO - MN	2000	62,22	-63	105,0	67,5	145,0	317,5	70,029



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

MIGLIOR ATLETA FEMMINILE

ATLETA	SOCIETÀ	A.N.	PESO	CAT.	SQUAT	PANCA	STACCO	TOTALE	IPF POINTS
ALESSANDRA GIORDANO	NEFILIM POWERLIFTING - FERRARA-	2000	60,64	-63	115,0	70,0	125,0	310,0	69,562
FRANCESCA ZAPPA	BARBARIAN'S POWER CLUB	1994	55,44	-57	100,0	60,0	130,0	290,0	69,485
TIZIANA TEMPORAL	S.S. LAZIO POWERLIFTING	1999	56,53	-57	115,0	65,0	112,5	292,5	69,040
CHIARA BRIGNOLI	VIKINGS VENETO PL -BAONE	1994	62,23	-63	105,0	60,0	145,0	310,0	68,367
FRANCESCA CLEMENTE	S.S. LAZIO POWERLIFTING	1992	56,62	-57	107,5	52,5	127,5	287,5	67,778
ANNA FORMICI	STRENGTHLAB	1992	56,83	-57	100,0	57,5	130,0	287,5	67,589
LICIA SCOTTI	ASD ALESSANDRIA POWERLIFTING	1995	55,04	-57	100,0	57,5	122,5	280,0	67,471
SHARON DI LELLA	HEXAGON SYSTEM ASD	1993	65,29	-69	120,0	50,0	145,0	315,0	67,393
ELENA CORTINOVIS	DRAGONS ASD - GERENZANO - VA-	1996	60,34	-63	110,0	52,5	132,5	295,0	66,422
LARA CARISI	ASD DISCOVERY ATHLETICS TRIESTE	1998	71,85	-76	125,0	62,5	140,0	327,5	66,389
VERONICA ADAM	STRENGTHLAB	1997	53,84	-57	85,0	65,0	120,0	270,0	66,223
ROBERTA BURATTI	MORE - ROMA -	1992	74,12	-76	132,5	60,0	137,5	330,0	65,851
MARIANNA GILLI	C.U.S. FERRARA A.S.D.	1985	62,33	-63	110,0	52,5	135,0	297,5	65,541
MARTINA PALMA	VIKINGS VENETO PL -BAONE	1995	61,41	-63	117,5	57,5	117,5	292,5	65,078
SARA ARTUSI	WARRIORS MILANO POWERLIFTING ASD	1999	68,67	-69	110,0	60,0	140,0	310,0	64,396
MARTINA BOSIA	BULLS TORINO POWERLIFTING	1999	68,07	-69	125,0	52,5	130,0	307,5	64,194
SONIA FOGLINO	BULLS TORINO POWERLIFTING	1995	65,82	-69	100,0	50,0	137,5	287,5	61,210
VANESSA RANDAZZO	STRENGTHLAB	1992	71,12	-76	110,0	45,0	132,5	287,5	58,593
CHIARA SUPPO	ASD ALESSANDRIA POWERLIFTING	1990	73,46	-76	110,0	57,5	122,5	290,0	58,127
CHIARA GIANFRANCHI	BARBARIAN'S POWER CLUB	1992	68,48	-69	107,5	45,0	125,0	277,5	57,735
VIRGINIA LUNGI	NEFILIM POWERLIFTING - FERRARA-	1997	86,31	+84	117,5	55,0	130,0	302,5	56,540
DARIYA KASHTAN	BERGAMO POWERLIFTING	1998	65,88	-69	87,5	50,0	105,0	242,5	51,601
MICAELA BARI	VITALBA FITNESS CLUB - LECCO -	1994	46,74	-47	105,0	0,0	115,0	FG	FG



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

RECORD SQUAT FEMMINILE

CAT	ATLETA	BEST	SJ	JU	SE	M1	M2	M3	M4
Senior									
-47kg	MARI DALIDA	146,0	0	0	1	0	0	0	0
-57kg	NALDI SARA	185,0	0	0	1	0	0	0	0
-69kg	GARRA CAROLA	225,0	0	0	1	0	0	0	0
-76kg	SPISNI ELEONORA	200,5	0	0	1	0	0	0	0



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

RECORD PANCA FEMMINILE

CAT	ATLETA	BEST	SJ	JU	SE	M1	M2	M3	M4
Senior									
-47kg	MOTTA ANNALISA	86,0	0	0	1	0	0	0	0
-57kg	NALDI SARA	105,0	0	0	1	0	0	0	0



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

RECORD STACCO FEMMINILE

CAT	ATLETA	BEST	SJ	JU	SE	M1	M2	M3	M4
Senior									
-57kg	NALDI SARA	215,0	0	0	1	0	0	0	0



7° GARA NAZIONALE CLASSIC SENIOR FEMMINILE DI PL

RECORD TOTALE FEMMINILE

CAT	ATLETA	BEST	SJ	JU	SE	M1	M2	M3	M4
Senior									
-52kg	MONTANARO COSMIANA	405,0	0	0	1	0	0	0	0
-57kg	NALDI SARA	505,0	0	0	1	0	0	0	0